

2018 POSTPARTUM SUPPORT INTERNATIONAL CONFERENCE - SESSION TRACKS

TIME	TITLE	Diversity & Culturally-Informed Services	Fathers, Families, & Partners	Innovation	Peer Support & Community Networks	Psychopharmacology	Psychotherapy
FRI 9:30-10:30	Breakout 1	Jabina Coleman; Desiree Israel; Diyya Kumar: Bridging the Gaps: Women of Color and PMADs	Jamie Bodily: Utilizing Attachment-Focused Techniques to Support Family Connection and Resiliency in the Perinatal Period	Joanna Cole: Follow Up Support after a Baby Dies: A Proposed Model of Programmatic Bereavement Outreach	Tonya Fulwider: Innovations in Addressing Barriers-to-care: A Look at the POEM Program in Ohio	Emily Boothe; Sebastian Kaplan; Marta Olenderek: Group Prenatal Care: What is it and why is It important?	Sarah Best and Zoe Bisbing: Cesarean Birth and Emotional Health: Recent Research and Implications for Care
FRI 10:45-11:45	Breakout 2	Kendra Flores-Carter: Barriers and Maternal Mental Health Concerns in a Primary Care Setting	Ashley Hanna Morgan: The Afterglow Support Group: A Curriculum to Support Mothers and/or Fathers	Jacqueline Cohen: Understanding ADHD And How It Can Affect Women During Pregnancy And The Postpartum Period	Sharon Gerdes; Angela Burling; Michele Davidson: Highlights of Healing from Postpartum Psychosis	Samantha Meltzer-Brody: Efficacy and Safety of Brexanolone Iv across Phase 2/3 Studies: A First-In-Class Gabaa Receptor Positive Allosteric Modulator in Postpartum Depression	Deb Rich: PTSD following miscarriage and stillbirth: predictors and psychotherapeutic interventions
FRI 2:30 - 3:45	Breakout 3	Jessica Walker: Building Relationships and Decreasing Child Death through Increasing the Cultural competent communication between Black Mothers and Their Health Care Providers - Woke Delivery	Kirsten Brunner and Simon Niblock: Involving Dads and Birth Partners in Birth and Breastfeeding For Improved Postpartum Outcomes	Dvora Entin: Perinatal Loss and the ATTEND Model of Grief Support	Chris Raines and Carrie Banks: PSI State Chapters What You Need to know!	Lisa Weinstock; Catherine Birndorf; Donna Klassen; Jane Harnick: Multidisciplinary Approach to Postpartum Intrusive Thoughts in a Partial Hospital Setting	Diana Lynn Barnes: A Psychodynamic Approach to Understanding Pregnancy Denial and Psychotic Delusions
FRI 4:00 - 5:30	Breakout 4	Edith Gettes; Anna Brandon; Françoise Pierredon: Treating Perinatal Mental Health of Traumatized Women and Their Offspring	Daniel Singley and David Levine: The Dad Factor: Myths, Stigma, and the Brass Tacks of Paternal PPD	Joy Burkhard; Susan Feingold, Lauren DePaola, Adriana Kohler: Advocating for Maternal Mental Health at the State Level	Adrienne Griffen; Tonya Fulwider; Mia Edinen: Strengthening Perinatal Support Organizations and Programming: A Roundtable Discussion	Laraib Humayun and Melissa Passarelli: Well Moms, Well Tots: Maternal Depression Screening in Pediatric Primary Care	Suzannah Neufeld: Yoga and Mindfulness for Perinatal Anxiety: Beyond Relaxation Skills

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SAT 9:30-10:30	Breakout 5	Venus Mahmoodi: The Role of Trauma and Attachment in Teens with Perinatal Mood and Anxiety Disorders	Elyse Springer: Fathers and Perinatal Loss	Emily Boothe; Sebastian Kaplan; Marta Olenderek: Group Prenatal Care: What is it and why is It important?	Laurie Ganberg and Divya Kumar: Finding Space for Ourselves and Our Stories: Working in This Field as Clinicians with Perinatal Mood, Anxiety, and Loss Histories	*Catherine Birndorf, MD, Chris Raines, RN, MSN, APRN-BC: Psychopharmacology and Perinatal Mental Health: The PSI pre-certification training - "What to Do"	Thai-An Truong: From CBT to TEAM-CBT: Practical Tools for Treating Perinatal Mood & Anxiety Disorders
SAT 10:45-11:45	Breakout 6	Tiffany Conyers: #MOMLIFE- Connecting Millennial Moms to Emotional Wellness through TXT Therapy	Barb Suarez: Becoming Us: Baby-Proofing the Couple Relationship Can Lower Risk of Pmads	Sage Saxton: Bridging the Gap: A Model for Interprofessional Collaboration with Nicu Graduate Parents	Adrienne Griffen: Creating Connections by Providing Free Peer Support Groups: Postpartum Support Virginia's Model	* Catherine Birndorf, MD: Chris Raines, RN, MSN, APRN-BC: Psychopharmacology and Perinatal Mental Health: The PSI pre-certification training - "How to do it"	Stefani Reinold: The Heart Method: A New Tool for Self-Led Therapy
SAT 2:30-4:00	Breakout 7	Annette Cycon; Divya Kumar; LaShonta Edwards; Liz Friedman: Addressing Microaggressions in Group Settings	Lorissa Eichenberger , Sherry Duson, Kimberly Jones, Moni Tang: When Partners Become Parents: The Challenges with Intimacy and Parenthood	Gina Wong; George Parnham: Developing as an Expert Witness in Maternal Infanticide/Filicide Cases - Theories & Case Conceptualizations	Melissa Bentley; Beth Thomas, facilitators: Community Programs Roundtable Participants: Adrienne Griffen, Mollie Hartford, Cara English, Katherine Schuknecht	Lisa Testa; Ariela Frieder; Kalli Feldman; Jessica Cosgrove; Christy Duan: Of Motherhood and Mania: Clinical Pearls for Pharmacological and Psychotherapeutic Approaches Across Treatment Settings	Courtney Magahis and Bina Bird: Grief and Loss and Infertility: What Therapists Need to Know in Order to Facilitate Healing
SAT 4:15-5:15	Breakout 8	Ryanne Mitchell: The Chicken or the Egg? Eating Disorders and PMADs	Leslie Butterfield: Silent Suffering: Men and Traumatic Childbirth	Lynn McFarland: Screening Moms and Partners, a Perinatal Mental Health Screening Business Model	Tricia Miller: The Power of Self-Care: Empowering, Strengthening and Building Resilience in Mothers	Melinda Thiam and Don DuBose: New Hope for mothers with Treatment Resistant Depression: Transcranial Magnetic Stimulation	Crystal Clancy: Healing the Mother Wound: Finding Resilience and Making Meaning in the Postpartum Period

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SUN 9:00-12:00	Seminars	Julie Bindeman and Olivia Baylor: Postpartum, the Gender Nonconforming Family, and Creating an LGBTQIA-Affirmative Practice for the Parent PMAD Population	Michele Davidson: Postpartum Psychosis: A Comprehensive, Evidence-Based Approach for Assessment, Diagnosis, and Treatment Needs to Optimize Care and Recovery for Women and Their Families	Jane Hesser; Laurie Ganberg; Catherine Birndorf; Pamela Geller; Ariela Frieder; Jesse Kuendig; Lita Simanis; Lisa Testa; Bobbie Posmontier: Intensive Perinatal Mental Health Programs	Liz Friedman; Annette Cycon; LaShonta Edwards: The Secret Sauce for Perinatal Group Peer Support Groups <i>and GPS Group Peer Support for Women of Color</i>	* Nicole Cirino; Phyliss Nicole Taylor; Lyons Hardy; Rhoda Sepowitz MD; Vesna Pirec MD: ReproPsych Presents: Difficult Cases in Reproductive Psychiatry in 2018	* Birdie Meyer; Katayune Kaeni, Jennifer Harned, Christi Hibbert: PSI Certificate Course Day 3: Advanced Mental Health Provider Training. The PSI pre-certification training - morning
SUN 1:30-4:00	Seminars						* Birdie Meyer; Katayune Kaeni, Jennifer Harned, Christi Hibbert: PSI Certificate Course Day 3: Advanced Mental Health Provider Training. The PSI pre-certification training - afternoon

* **Perinatal Mental Health Certification exam pre-requisite courses.** Selected sessions at the 2018 conference will qualify as part of the pre-requisites to register for the Perinatal Mental Health Certification exam. The Certification exam will be offered by PSI through Pearson VUE beginning in Fall 2018. The PMH Certification will be available for three groups: Mental Health/Psychotherapy Providers; Psychopharmacology; Affiliated Professions. The * courses are approved as pre-requisites for the Mental Health/Psychotherapy Providers and Psychopharmacology. All breakouts at the conference are approved for the affiliated professional certification pre-requisites. Read more here [\[insert link to page\]](#) for more information about Certification requirements