

Morning Pre-Conference Course
Thursday, June 18, 2020
8:45 AM – 12:00 PM

Diagnosing, Assessing, and Treating Bipolar Disorder: An Expert's Course for Those New to the Field

Chair: Ralph Kupka

Preliminary Timetable with Presentation Titles

8:45 AM-9:15 AM	<i>Introduction: Concepts and Diagnosis of Bipolar Disorder in Adults</i> Ralph Kupka
	Introduction to the course program and the concept(s) of bipolar disorder. How to recognize and diagnose patients with bipolar disorder; pitfalls and blind spots; differential diagnostic issues (unipolar depression and borderline personality disorder); using diagnostic tools and rating scales.
9:15 AM -10:00 AM	<i>Diagnosis and Assessment of Bipolar Disorder in Children and Adolescents</i> Eric Youngstrom
	Dilemma's and difficulties in the diagnosis of bipolar spectrum disorders in children; practical issues in diagnosing bipolar disorder in children and adolescents.
10:00 AM -10:15 AM	Break
10:15 AM - 11:00 AM	<i>Acute and Maintenance Pharmacotherapy</i> Willem Nolen
	Individualized pharmacotherapy: strategies and decision-making in real-life clinical practice.
11:00 AM -11:45 AM	<i>Psychotherapy and Psychoeducation</i> Lesley Berk
	Evidence based psychotherapies and psychoeducation in individual and group formats: an overview.
11:45 AM-12:00 PM	Q&A/Discussion