2019 IASR/AFSP International Summit on Suicide Research

Suicide Prevention Research: A Global Imperative

October 27-30, 2019 Loews Miami Beach Hotel

Conference Co-Chairs: Erkki Isometsä, M.D., Ph.D., University of Helsinki, Finland Cheryl King, Ph.D., University of Michigan, USA



International Academy of Suicide Research



American Foundation for Suicide Prevention



October 26, 2019

Dear Colleagues,

It is our great pleasure to welcome you to 2019 International Summit on Suicide Research sponsored by the International Academy of Suicide Research and the American Foundation for Suicide Prevention to be held at the beautiful Loews Miami Beach Hotel in Miami Beach, Florida. The theme for the 2019 Summit is *Suicide Prevention: A Global Imperative.* We hope that this meeting will continue to provide a forum for all investigators working in suicide research to present their latest data, exchange new ideas, and discuss ongoing developments. Further, we aim to bring together investigators working in diverse areas of research, from molecular geneticists to epidemiologists and interventions researchers, to generate new interdisciplinary approaches to the problem of suicide and suicidal behavior. It is our hope that each participant will come away from this meeting energized with an appreciation of the breadth of the work being conducted in our field. Importantly, with your help, we hope to mentor, support and encourage young investigators who are the future of our research endeavors.

This year's meeting includes plenaries, oral presentations, and posters covering a breadth of topics and with **participation from over 25 countries**.

We are particularly pleased to present to you two poster sessions, which will take place on Monday and Tuesday at 11:30 AM. We believe that these events should be both informative and entertaining, and we encourage all meeting participants to attend and interact with the poster presenters, as well as meet with other colleagues.

This conference would not be taking place without the efforts of many individuals. In particular, the Organizing Committee would like to thank Kelly Phy and Kara Moeller of Parthenon Management Group, as well as our Scientific Advisory Committee for their continual, invaluable work in all aspects of the planning and preparation of the meeting.

We hope that you will also have some time to enjoy the excitement of South Beach. If there is anything we can do to make your visit a more enjoyable one, please let us know.

Sincerely,



Erkki Isometsä, M.D., Ph.D Co-Chair



Cheryl King, Ph.D.. Co-Chair

Charla. King

ABOUT THE 2019 INTERNATIONAL SUMMIT ON SUICIDE RESEARCH

Suicide Prevention: A Global Imperative

This 2019 International Suicide Research Summit will bring together suicide researchers studying topics ranging from neurobiology and genetics to prevention and intervention. All suicide researchers and those interested in learning about the most cutting-edge evidence are invited to attend and take advantage of this excellent opportunity to network and interact. In addition to plenary sessions with preeminent suicide researchers and symposia, the meeting will include a mentoring program, poster sessions, and workshops addressing methodological issues particular to suicide research, such as assessment of suicidal behavior, strategies for research on low base rate outcomes, use of proxy measures, and maintaining the delicate balance between ethical and methodological concerns.

Conference Co-Chairs:

Erkki Isometsä, M.D., Ph.D. Co-Chair University of Helsinki, Finland Professor of Psychiatry University of Helsinki and Helsinki University Hospital Cheryl King, Ph.D. Co-Chair University of Michigan, USA Professor of Psychiatry University of Michigan

The learning objectives for the Summit:

After participating in this educational activity:

a. Participants will be able to articulate the key findings in the development of preventive, intervention, and implementation strategies and how to incorporate translational research strategies into intervention, prevention, and implementation research on suicide.

b. Participants will be able to describe methodological and ethical challenges in research design for studies where the outcome of interest is suicidal ideation and behavior.

c. Participants will be able to enumerate the most recent neurobiological, genetic, psychological and social evidence related to suicidal behavior.

Target Audience:

This course is designed for scientific researchers, psychiatrists, psychologists and other professionals working to reduce the number of deaths by suicide and suicide attempts that occur each year. There are no prerequisites for this course.

ABOUT THE ORGANIZERS



The International Academy for Suicide Research is an organization that promotes high standards of research and scholarship in the field of suicidal behaviour by fostering communication and co-operation among scholars engaged in such research.

The Academy's official publication is the *Archives of Suicide Research*. This is a peer-reviewed journal published by Taylor & Francis.

The Academy holds annual scientific and business meetings. These have been held in conjunction with conferences such as the International Association for Suicide Prevention, the European Symposium on Suicide and Suicidal Behaviour, and the American Association of Suicidology.

For more information, please visit: http://www.suicide-research.org/.



Established in 1987, the American Foundation for Suicide Prevention (AFSP) is a voluntary health organization that gives those affected by suicide a nationwide community empowered by research, education and advocacy to take action against this leading cause of death.

AFSP is dedicated to saving lives and bringing hope to those affected by suicide. AFSP creates a culture that's smart about mental health by engaging in the following core strategies:

- Funding scientific research
- Developing public education
- Advocating for public policies in mental health and suicide prevention
- Supporting survivors of suicide loss and those affected by suicide in our mission

Led by CEO Robert Gebbia and headquartered in New York, and with a public policy office in Washington, D.C., AFSP has local chapters in all 50 states with programs and events nationwide. Learn more about AFSP in its latest Annual Report, and join the conversation on suicide prevention by following AFSP on <u>Facebook</u>, <u>Twitter</u>, <u>Instagram</u>, and <u>You Tube</u>.

For more information, please visit: https://www.afsp.org/.

The Summit would like to acknowledge the generosity of the following companies whose corporate support has contributed to the overall quality of this meeting:

BRONZE LEVEL SPONSORSHIP:





PHARMACEUTICAL COMPANIES OF Johnson Johnson

The Summit would like to acknowledge the generosity of the following companies whose unrestricted educational grants have contributed to the overall quality of this meeting:

Sunovion Pharmaceuticals, Inc.

The Summit would like to thank our exhibitors for the 2019 Summit and invite all attendees to visit their booths in the Americana Foyer.



American Foundation for Suicide Prevention



AWARDS

The Morselli Medal is awarded every two years by the International Academy for Suicide Research (IASR) to an individual who has made an outstanding and important lifetime contribution to the study of suicidal behaviour and/or suicide prevention. This is the Academy's most distinguished award and is intended to be a "lifetime achievement" award. The Award is named in honour of Enrico Morselli, late of the University of Genoa School of Medicine who is regarded as being the first scientific, statistically informed epidemiologist in suicidology.

2019 Winners of the Morselli Medal



Yeates Conwell, M.D. University of Rochester School of Medicine and Dentistry, USA

Yeates Conwell, M.D. is Professor of and Vice Chair of Psychiatry, University of Rochester School of Medicine and Dentistry, where he is Director of the UR Medical Center's Office for Aging Research and Health Services and Co-Director of the UR Center for the Study and Prevention of Suicide. Immediate Past President and Chair of the Scientific Council of the American Foundation for Suicide Prevention, Dr. Conwell received

his medical training at the University of Cincinnati and completed his Psychiatry Residency and a Fellowship in Geriatric Psychiatry at Yale University School of Medicine. In addition to teaching, clinical care, and service system development, Dr. Conwell directs an inter-disciplinary program of research in aging, mental health services, and suicide prevention.



Robert Goldney, M.D. University of Adelaide, Australia

Bob Goldney qualified in medicine in Adelaide in 1967 and as a psychiatrist in 1973. He is a Fellow of the Royal Australian and New Zealand College of Psychiatrists, and of the Royal College of Psychiatrists of the United Kingdom. He worked in academic settings at the University of Adelaide and Flinders University in the 1970s and early 80s, completing his MD in 1979, which examined attempted suicide in young women. Following this, for about 15 years he worked in private

practice until he took on a half time Professorial position in 1996, based at The Adelaide Clinic. Then in 2007 he was appointed Head of the Discipline of Psychiatry of the University of Adelaide and he moved to the Royal Adelaide Hospital. He retired in 2009 and is now Emeritus Professor. His main research interest has been in the prevention of suicidal behaviour by focussing on the detection and optimum clinical management of psychiatric illness, particularly

AWARDS

depression. He also has a long standing interest in historical aspects of psychiatry. He is a recipient of the Stengel Research Award (1987) of the International Association for Suicide Prevention; the Senior Research Award (1992) of the Royal Australian and New Zealand College of Psychiatrists; the Dublin Award of the American Association for Suicidology (2007) for lifetime achievement in suicide research; and the Lifetime Research Award of Suicide Prevention Australia in 2009. His work has resulted in over 400 publications, and in 2014 the 2nd Edition of his book 'Suicide Prevention' was shortlisted in the British Medical Association's best psychiatric book award. A 3rd Edition with Nav Kapur was published in 2019. He is a Past President of both the International Association for Suicide Prevention, and the International Academy for Suicide Research. In 2013 he was honoured as an Officer in the General Division of the Order of Australia "For distinguished service to medicine in the field of psychiatry, as a researcher and academic, through international contributions to the study of suicide and its prevention."

American Foundation for Suicide Prevention (AFSP) 2019 Young Investigator Travel Awardees

Amanda Bakian, Ph.D. University of Utah

Emily DiBlasi, Ph.D. University of Utah School of Medicine

Marie-Claude Geoffroy, Ph.D. McGill University

Paul Nestadt, M.D. Johns Hopkins University School of Medicine Christine Cha, Ph.D. Teachers College, Columbia University

Laura Frey, Ph.D. University of Louisville

Ryan Hill, Ph.D. Baylor College of Medicine

Danielle Steelesmith, Ph.D. Ohio State University

AWARDS

Archives of Suicide Research Best Paper of the Year Awards:

<u>2017</u>

Developing Adaptive Treatment Strategies to Address Suicidal Risk in College Students: A Pilot Sequential, Multiple Assignment, Randomized Trial (SMART)

Pistorello J, Jobes DA, Compton SN, Locey NS, Walloch JC, Gallop R, Au JS, Noose SK, Young M, Johnson J, Dickens Y, Chatham P, Jeffcoat T, Dalto G, Goswami S. Arch Suicide Res. 2017 Oct-Dec;22(4):644-664. doi: 10.1080/13811118.2017.1392915. Epub 2017 Feb 12.

<u>2018</u>

Addressing the Cultural Challenges of Firearm Restriction in Suicide Prevention: A Test of Public Health Messaging to Protect Those at Risk

Marino E, Wolsko C, Keys S, Wilcox H.

Arch Suicide Res. 2018 Jul-Sep;22(3):394-404. doi: 10.1080/13811118.2017.1355285. Epub 2017 Dec 1.



James Kirk Bernard Foundation Award for Excellence in the Biological Exploration of Suicide



Arthur Ryan, Ph.D. Baltimore VA Medical Center

For his presentation: Latent Class Profiles of Serum Fatty Acids are Associated with Risk of Suicide in Military Personnel

The research mission of the James Kirk Bernard Foundation is to explore the biology of suicide in order to identify biological risk factors and pathways involved in suicide behavior

jameskirkbernardfoundation.org

IASR MEMBERSHIP INFORMATION

There are three categories of IASR members: Junior members, Regular members and Fellows of the Academy.

Junior members are individuals engaged in suicide research under the direction of a mentor. Examples are postdoctoral trainees, doctoral or masters students. The duration of a junior membership is limited to 3 years at the end of which they will automatically be considered for regular membership.

Junior members:

pay no dues are invited to the meeting receive the IASR newsletter are eligible for IASR Star Awards

Regular members are individuals who are engaged in ongoing research on suicide, either directly or as advisers, reviewers or consultants in an academic institution or equivalent.

Regular membership dues: 1 year: \$150 USD 3 years: \$400 USD (12% reduction)

Regular members:

receive a print copy of the journal have access the electronic version of the journal at no charge

Fellows of the Academy are individuals who have established a reputation as significant contributors to knowledge in the field of suicidal behavior. This is exemplified by directing and designing innovative research, making significant contributions to the peer reviewed literature and providing guidance to trainees and developing scientists. Fellows are appointed from among existing regular members or de novo from the scientific community.

Criteria for membership in the Academy:

The person should be an outstanding and internationally recognized researcher in the field of suicidology as indicated by publications in peer review journals.

- The research need not necessarily be empirical research, but can include theoretical, ethical or legal research work.
- Should be highly recommended by peers.
- No history of scientific misconduct.

Visit <u>suicide-research.org/membership</u> to apply.

EARLY CAREER RESEARCHER FORUM

The International Academy of Suicide Research (IASR) and the American Foundation for Suicide Prevention (AFSP) are committed to fostering the development of Early Career Researchers (ECRs), such as graduate students, postdoctoral fellows, residents, and junior faculty, within the field of suicidology, and are planning an exciting and valuable program for ECRs at the upcoming 2019 International Summit on Suicide Research in Miami Beach, on October 27-30. The ECR forum was one of the most talked about aspects of the 2017 program and we are excited to offer it again to those who wish to participate!

Inaugurated at the 2013 IASR meeting, the forum pairs ECRs with established senior investigators based upon their shared research interests. This year, each ECR will be matched in advance with a specific mentor and will then be able to meet with them later in the conference. Mentors and mentees will meet at a special breakfast at 7am on Monday October 28, at which **Nav Kapur MBChB, MMedSc, FRCPsych, MD (University of Manchester)** will be giving the ECR keynote talk and passing on his invaluable advice for those starting out in the field of suicidology. As well as our special guest speaker, we have also organized a "suicide research-a-thon", an exciting activity based around the "hackathon" concept. During this event, ECRs will have the opportunity to meet a variety of senior researchers and fellow ECRs and interact together in a brief group activity, where they will collaboratively explore ways to address a key challenge in the field.

ECR Keynote Speaker:



Nav Kapur, FRCPsych, M.D. University of Manchester

Nav is Professor of Psychiatry and Population Health at the University of Manchester, UK, and an Honorary Consultant Psychiatrist at Greater Manchester Mental Health NHS Foundation Trust. He is Head of Research at the Centre for Suicide Prevention in the University of Manchester and leads the suicide work programme of the National Confidential Inquiry into Suicide and Homicide which collects data on

all suicide deaths among people in contact with health services in the UK. He was Chair of the Guideline Development Group for the National Institute for Health and Clinical Excellence (NICE) self-harm guidelines (longer term management) and also chaired the Quality Standards for self-harm. He is currently chairing the NICE guidelines for depression in adults and is topic expert on the NICE guidelines for suicide prevention in the community. He is a member of the Department of Health's (England) National Suicide Prevention Strategy Advisory Group. He has published extensively on suicide and self-harm with much of his research focussing on how health services might best contribute to suicide prevention.

ACKOWLEDGEMENTS

IASR Board Members

President: Prof. Lars Mehlum Past-President: Dr. Maria Oquendo ASR Editor-in-Chief: Dr. Barbara Stanley **President Elect:** Prof. Gil Zalsman **Secretary-Treasurer:** Dr. Katalin Szanto

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2019 SUICIDE SUMMIT COMMITTEES

2019 Organizing Committee:

Erkki Isometsä, Co-Chair Cheryl King, Co-Chair Yeates Conwell, IASR Robert Gebbia, AFSP Jill Harkavy-Friedman, AFSP Lars Mehlum, IASR Christine Moutier, AFSP

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Liang Zhou	China

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Gustavo Turecki	Canada
Kees van Heeringen	Belgium
Lakshmi Vijayakumar	India
Danuta Wasserman	Sweden
Paul Yip	Hong Kong SAR
Gil Zalsman	Israel

Registration

Americana Foyer- Second Level

 Sunday
 11:00 AM - 6:30 PM

 Monday
 7:00 AM - 6:00 PM

 Tuesday
 7:00 AM - 7:00 PM

 Wednesday
 7:30 AM - 1:30 PM

Speaker Ready Room

New Yorker- Second Level Sunday 11:00 AM - 5:30 PM Monday 7:30 AM - 5:00 PM Tuesday 7:30 AM - 6:00 PM Wednesday 7:30 AM - 12:00 PM

Summit WiFI

Network Name: LOEWS WIFI Password: miami19

Join the Conversation on Twitter:

@SuicideSummit
#Science2StopSuicide

Meeting Evaluation:

All meeting attendees are encouraged to complete an online evaluation of the meeting. Attendees who are requesting CME or CE credit for the meeting are required to complete the evaluation. This form is available online only. You may complete the evaluation online as well as apply for CME or CE credits at www.SuicideResearchSummit.org. All evaluations and credit requests must be complete by Thursday, November 21, 2019.

Continuing Education:

The 2019 International Summit on Suicide Research is jointly provided by Amedco, the International Academy of Suicide Research, and the American Foundation for Suicide Prevention. AMA and APA credits will be available for the 2019 Summit. There is no charge to apply for credits. All attendees wishing to apply for credits will be required to complete an online evaluation of the Summit prior to applying for credits. The evaluation and credit application will be available at the conclusion of the Summit.

Satisfactory Completion

Learners must complete an evaluation form to receive a certificate of completion. Your chosen sessions must be attended in their entirety. Partial credit of individual sessions is not available. If you are seeking continuing education credit for a specialty not listed below, it is your responsibility to contact your licensing/certification board to determine course eligibility for your licensing/certification requirement.



Physicians

In support of improving patient care, this activity has been planned and implemented by Amedco LLC and the American Foundation for Suicide Prevention (AFSP) and the International Academy of Suicide Research. Amedco LLC is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses

Credentialing Center (ANCC), to provide continuing education for the healthcare team.

Credit Designation Statement – Amedco LLC designates this live activity for a maximum of 22.25 AMA PRA Category 1 Credits[™]. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

CONFERENCE EVALUATION AND CONTINING EDUCATION INFORMATION



Psychologists

This course is co-sponsored by Amedco and AFSP and IASR. Amedco is approved by the American Psychological Association to sponsor continuing education for psychologists. Amedco maintains

responsibility for this program and its content. Maximum of 22.25 hours.

Learning Objectives:

After participating in this educational activity:

a. Participants will be able to articulate the key findings in the development of preventive, intervention, and implementation strategies and how to incorporate translational research strategies into intervention, prevention, and implementation research on suicide.

b. Participants will be able to describe methodological and ethical challenges in research design for studies where the outcome of interest is suicidal ideation and behavior.

c. Participants will be able to enumerate the most recent neurobiological, genetic, psychological and social evidence related to suicidal behavior.

Target Audience:

This course is designed for scientific researchers, psychiatrists, psychologists and other professionals working to reduce the number of deaths by suicide and suicide attempts that occur each year. There are no prerequisites for this course.

If you have activity questions or concerns, please contact info@suicideresearchsummit.org or 615-324-2365.