

# PSI 2026 Annual Conference Schedule

The Pre and Post Conference Advanced Trainings are an additional fee and can be purchased on their own or in addition to the main conference

WEDNESDAY, JUNE 24

WED JUNE 24	8:30 - 5:00	Pre-Conference Certificate Training	PMD: 2-Day Components of Care - Day 1 <i>will not be recorded</i>
WED JUNE 24	8:30 - 5:00	Pre-Conference Training	Perinatal Grief & Loss Advanced Training - Day 1 <i>will not be recorded</i>
WED JUNE 24	8:30 - 5:00	Pre-Conference Training	Trastornos Del Estado De Animo Perinatales: Componentes De Cuidado (en Español) - Day 1 <i>will not be recorded</i>
WED JUNE 24	8:30 - 5:00	Pre-Conference Training	Paternal Perinatal Mental Health Advanced Certificate Training - Day 1 <i>will not be recorded</i>

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THURSDAY, JUNE 25

THURS JUNE 25	8:30 - 5:00	Pre-Conference Certificate Training	PMD: 2-Day Components of Care - Day 2 <i>will not be recorded</i>
THURS JUNE 25	8:30 - 5:00	Pre-Conference Training	Perinatal Grief & Loss Advanced Training - Day 2 <i>will not be recorded</i>
THURS JUNE 25	8:30 - 5:00	Pre-Conference Training	Trastornos Del Estado De Animo Perinatales: Componentes De Cuidado (en Español) - Day 2 <i>will not be recorded</i>
THURS JUNE 25	8:30 - 5:00	Pre-Conference Training	Paternal Perinatal Mental Health Advanced Certificate Training - Day 2 <i>will not be recorded</i>

ANNUAL CONFERENCE BEGINS

THURSDAY EVENING, JUNE 25

THURS JUNE 25	5:00 - 6:30 PM	Exhibits & Coffee Break	Exhibitor Booths
THURS JUNE 25	6:30 - 7:30 PM	Keynote I	WELCOME KEYNOTE Changes to Perinatal Mental Health Federal Policy & Mind the Gap   NIMA SHETH, MD, MPH
THURS JUNE 25	7:30 - 9:30 PM	Movie Night	DOCUMENTARY SCREENING - <i>BABY DOE</i> - Directed by Jessica Earnshaw moderated panel discussion to follow

Friday, June 26

FRI JUNE 26	8:30 - 8:45	Welcome	WELCOME REMARKS Nicole Cirino, MD - PSI Board Chair Wendy Davis - PSI President and CEO and Andrea Clark, JD, MDiv - Deputy CEO
FRI JUNE 26	9:00-10:00	Keynote II	KEYNOTE PTSD and Perinatal Mental Health   JULIA SENG, PhD, CNM, FACNM, FAAN
FRI JUNE 26	10:00-10:15	Exhibits & Coffee Break	Exhibitor Booths

			Perinatal Psychiatry	Families & Parenting Partners	Integrated Care & Systems	Peer Support & Advocacy	Psychotherapy	Psychotherapy 2	Integrated Care & Systems 2
FRI JUNE 26	10:15-11:45	Breakout I	<b>1A: "Hands-On" Strategies for Early Relational Health Promotion for Busy Perinatal Providers</b> Maria Muzik M.D.,M.S Katherine Rosenblum Ph.D.	<b>1B: Improving Postpartum Mental Health for NICU Families</b> Sarah Verbiest DrPH, MSW, MPH Kimarie Bugg DNP, FNP, MPH Ifeyinwa Asiodu, PhD Elizabeth Anvender, MHA	<b>1C: Carrying Loss: Culturally Rooted Approaches to Supporting Pregnancy, Infant, and Reproductive Loss</b> Christina Lares CLC, M.A.,M.P.H. Stevie Merino, MA, IBCLC Jasmine Godinez-Gomez Kendra Blount, MA LLC CAADC-DP NCC	<b>1D: Impact of PSI's Mind the Gap State Policy Series</b> Jenn Davis Mikah Berg Nima Sheth MD PSI Chapters Panel	<b>1E: Healing the Wound, Holding the Story: EMDR for Black Perinatal Clients with Complex Trauma</b> Chyna Hill Ph.D. Breea Wainwright LMFT,M.S.,PMH-C Jaih Craddock Ph.D.,M.S.W.,M.A.	<b>1F: La intervención psicológica ante las dificultades reproductivas como oportunidad de promoción de la salud mental perinatal</b> Maria Agustina Capurro Stefania Botto Hormachea M.Sc., Leslie Shaw Patiño	<b>1G: One Size Does Not Fit All: The Inpatient Experience of the Perinatal Patient with Postpartum Psychosis</b> Julia Alzoubaidi Ph.D. Theresa Rice Emily Buchanan M.A. Lindsay Allred PMHNP Kriti Lodha B.A. Nirmaljit Dhami M.D.
FRI JUNE 26	12:00-1:00	Breakout II	<b>2A: Beyond the Call: Expanding the Impact of Perinatal Psychiatric Access Programs</b> Jennifer Ramirez Ph.D Sarah Wakefield M.D. Rebecca Woo M.D. Nancy Byatt D.O.,M.S.,M.B.A.	<b>2B: Am I Ready to Get Pregnant again? Ethical Considerations in Assessing Readiness Post PMAD Recovery</b> Dvora Entin, LCSW,M.S.W.,PMH-C	<b>2C: Birth Trauma: Prevention &amp; Treatment Strategies for Mental Health Practitioners</b> Selena Shelley M.A.,LMHC,CD,LCCE Atoosa Benji, LM, CPM, DONA(BDT), CLE	<b>2D: From Disparity to Dignity: Advancing Equitable Perinatal Mental Health Care for Birthing People of Color</b> Laudy Burgos LCSW,MSW,PMH-C Shanita Alvarez-Crawley, LCSW,MSW,PMH-C Kimberly Polanco LMSW, PMH-C	<b>2E: Utilizing a Liberation Approach to Decolonize Maternal Mental Health</b> Jenise Katalina LCSW,M.S.W.	<b>2F: Addressing Climate Related Mental Health in New Parents</b> Caitlyn Wallace LCSW, PMH-C	<b>2G: Maternidades Neurodivergentes: Del Diagnóstico Tardío Al Cuidado Posible</b> Maria Isabel Arias Martinez M.D.
	1:00 - 2:30	Exhibits & Coffee Break	Exhibitor Booths						
		Lunch	Lunch & Networking						

FRI JUNE 26	2:30-3:30	Breakout III	3A: Subsequent Pregnancy after Postpartum Psychosis episode: Three Case Studies of Outpatient Management Samantha Huguelet, DNP APRN PMH-C	3B: Beyond the Cape: Supporting Postpartum Black Mothers Navigating Strength Tamara Nelson Ph.D., M.P.H.	3C: Wellness Within: Implementing the Community Resilience Model to Promote Healing-Centered Tools for Pregnancy, Birth, and Beyond Molly Jobe APRN	3D: Advancing Change in Maternal Mental Health: From Lived Experience to Advocacy and Peer Support Action Paige Bellenbaum, LCSW, PMH-C Sonia Murdock	3E: The Overstimulated Mother: When Maternal Rage, ADHD, and Trauma Collide Nicole McNelis LPC, M.Ed., NCC, PMH-C Kristen Lipari Ph.D.	3F: Trauma Transgeneracional En Madres Latinas: Prácticas Culturales Y Comunitarias Como intervención Emilia Ortega-Jara LCSW, PMH-C	3G: Mandated Supporting: Reimagining Our Relationship with the Child Welfare System Camila Arnaudo M.D. Erika Goyer B.A. Jacqueline J. Ynan, PsyD
FRI JUNE 26	4:00-5:00	Breakout IV	4A: Using Patient-Facing Educational Tools to Support Harm Reduction and Shared Decision-Making in Perinatal Substance Use Care Kimberly Brandt D.O.; Melanie McKean D.O., Ph.D.; Catherine Miller LPC	4B: No Longer "Trying," Still Struggling: Perinatal Mental Health after Infertility across Complex Family-Building Pathways Kenzi Locks LCSW	4C: Connecting the Dots: Colonization, Culture, and Perinatal Mental Health in Native Hawaiian and Pacific Islander Mothers Kalena Lanuza DNP, PMHNP-BC, FNP-C, CLC	4D: From Overwhelm to Regulation: Integrating Somatic Micro-Skills into Perinatal Peer Support for Queer and Trans Parents Alex Villalba M.A.	4E: Culturally Responsive Tools for Providers Serving Marginalized Mothers Jummy Kirby MA, LPC, PMH-C, CMIP Hillary Aponte-Chimelis LPC, PMH-C	4F: Los Microduelos Invisibles En La Experiencia UCIN: Pérdidas No Reconocidas Y Su Impacto En La Salud Mental Perinatal En La Familia Ivette Diaz Machado PsyD	4G: Caring for the Caregiving Relationship: Trauma-Informed Support for Parents and Medically Complex Infants Samira Amirazizi Ph.D. Jennifer Yuen, Psy.D. Neda Awad, Psy.D.
FRI JUNE 26	5:15 - 6:45 PM	Exhibits & Coffee Break	<b>Exhibitor Booths</b>						
FRI JUNE 26	6:00 - 7:00 PM	Donor Reception	<b>DONORS RECEPTION (INVITATION ONLY)</b>						
FRI JUNE 26	7:00 - 9:30 PM	PSI Celebration Dinner	<b>PSI CELEBRATION DINNER</b>						
<b>Saturday, June 27</b>									
SAT JUNE 27	8:00 - 8:15	Barsky Award	<b>Presentation of Ilyene Barsky Award</b>						
SAT JUNE 27	8:15 - 9:00	WELCOME HICKMAN AWARDS	<b>Welcome Remarks - Wendy Davis - PSI President and CEO Presentation of Susan Hickman Research Award Courtney Yorks, PSI Research &amp; Impact Director</b>						
SAT JUNE 27	9:00- 10:00	KEYNOTE III	<b>KEYNOTE Perinatal Mental Health and Legal Justice: Where are we now? Moderated by Andrea Clark Horton, JD, MDIV Elizabeth Lilley, CD, CLC Nicole Cirino, MD, CST, PMH-C Susan Feingold, PsyD, PMH-C Wendell Odom, Jr, JD</b>						
SAT JUNE 27	10:00 - 10:30	Exhibits & Coffee Break	<b>Exhibitor Booths</b>						
SAT JUNE 27	10:30-11:30	Breakout V	5A: An Integrative Approach to Perinatal Mental Health - Beyond Conventional Tools Anna Glezer, MD	5B: The Real Mental Load: Maternal Brain Changes and the Impact on Families Long-Term Barb Buckner Suárez C.B.E.	5C: Bridging the Gap: Integrating Lactation and Mental Health Support in Perinatal Care Heather Eure Ph.D., PMH-C	5D: Community-Led Advocacy in the Face of Systemic Barriers Sayida Pehrah-Wilson PsyD	5E: Embodied Grief Theory: Integrating the Postpartum Body into Trauma-Informed Perinatal Loss Care Solimar Santiago-Warner D.S.W., LCSW, PMH-C Laudy Burgos LCSW, M.S.W., PMH-C	5F: Beyond the Placement: How Adoption Dynamics Emerge and Evolve over Time in Clinical Settings Lesli Desai, LICSW, PMH-C Laura Wood, MA, LMHC, CST	5G: Thinking the unthinkable: Mentalizing trauma to support perinatal mental health and prevent intergenerational trauma Nicolas Berthelot Ph.D Christine Drouin-Maziade PsyD
SAT JUNE 27	11:45 -12:45	Breakout VI	6A: The Mood-Milk Connection: Breastfeeding Choices, Experiences, and Perinatal Mental Health Gabrielle Ranger-Murdock PMHNP; Laura Kelly APRN, Ph.D.	6B: The Inclusion of Grandparents in Perinatal Mental Health Jane Honikman, MS	6C: Networking Obstetrical Behavioral Health Services Integration and Location On-Site (NO SILOS) Sarah Krajewski CNM, PMHNP-BC, PMH-C Tiffany Armstrong, LICSW Maria Cancel LMHC	6D: Apoyo de Pares en Emergencias Humanitarias Complejas en Latinoamérica: Una mirada desde la experiencia práctica María Paloma, Romero Barcia PsyD, Daniela Piñate	6E: When High-Functioning Moms Fall Apart: PMADs in High-Achieving Mothers Heena, Khan LPC-S, RPT-S™, PMH-C, CYT	6F: It's Not Just About the Dishes and the Diapers: Staying Oriented in Perinatal Couples Therapy When Practical Stress and Relational Challenges Intersect Emily Horowitz MA, LPC, PMH-C Noah Teitelbaum	6F: Expanding the Circle of Care: Care Coordination, Family-Centered Care, and Team-Based Treatment for Severe Perinatal Mental Illness Aimee Danielson Ph.D. U'nek Clarke LICSW Samantha Matuella, MD
	12:45 - 2:00	Lunch & Networking	<b>LUNCH &amp; NETWORKING</b>						
	1:15 - 2:00	POSTER SESSION	<b>POSTER SESSION</b>						

SAT JUNE 27	2:15-3:45	Breakout VII	7A: Is This Attention Deficit Hyperactivity Disorder (ADHD)? Clinical presentation, Neuropsychological Testing and Treatment Strategies in the Perinatal Period Arundhati Headrick MD,PhD; Jane, Payne MD; Lea-Tereza Tenekedjieva; Eva Mathews MD.; Kristen Mackiewicz Seghete PhD,PMH-C	7B: A Lifesaving Intervention: Advanced Clinical Assessment and Care Delivery for Victims of High-Risk Perinatal Interpersonal Violence Monica Amorosi LMHC,NCC Dianne Mani PsyD	7C: PSI Alliance for People of Color Fellows Capstone Projects: Early Pregnancy Loss; NeuroDivergence; Substance Use; LGBTQI+ 2026 Alliance Research Fellows	7D: Navigating Birth Expectations: Honoring Plans while Preparing for the Unexpected Jessica Vernon M.D. Sarah Van Buren APRN,CNM,M.Ed. Leah, Gooen LCSW Erica Pinilla C.B.E.,CLC	7E: Delivering Integrated Behavioral Health in Obstetrics: A Symposium and Workshop Sara Johnson Catherine Wolcott Ph.D. Bethany Ashby, Catherine Monk Ph.D. Evelyn Asejeme, M.S.W.,LICSW,LCSW,PMH-C	7F: Transforming Limited Resources into Lasting Resilience: Building Equity through a Cross-State Alliance to Confront Rural Perinatal Mental Health Disparities and Advance Collective Action Amy Young Psy.D., HSP, PMH-C Norah Chapman Ph.D., HSP, PMH-C Abigail Hardy B.A. Sydney Rose	7G: Perinatal–Infant Mental Health Integration: Lessons Across Education, Clinical Practice, and Research Misty Richards MD, MS Soudabeh Givrad, MD Amalia Londoño Tobón, MD	
	3:45 - 4:15	Exhibits & Coffee Break	Exhibitor Booths							
SAT JUNE 27	4:15-5:15	Breakout VIII	8A: Hyperemesis Gravidarum, New Understanding of a Historically Misunderstood Pregnancy Complication Karen Horst M.D.	8B: Criminally Charged: When the insanity defense succeeds Diana Barnes, PsyD, MFT, PMH-C	8C: Supporting Black Birthworkers to Strengthen Perinatal Mental Health Kimberly, Gray M.A.	8D: Advocacy in Action: Using Our Voices to Create a National Maternal Mental Health Movement Adrienne, Griffen M.P.P	8E: Beyond the Incubator: A Virtual, Multidisciplinary Approach to Improving NICU Outcomes and Family Mental Health Tiffany Conyers LCSW	8F: Reproductive Loss, Racial Trauma, and Healing: A Maternal Mental Health Lens for Black Families Mackenzi Foreman, LCSW,M.S.W.,PMH-C	8G: Move Your Mood: What if Movement is the Medicine Jasmine Mitchell, CPT, CPPC	
SAT JUNE 27	6:00 - 7:30		PEER SUPPORT VOLUNTEER DINNER (Invitation Only)							
<b>Sunday, June 28</b>										
SUN MORNING JUNE 28	9:00-12:00	Morning Seminars	Not Your Mother's PMAD: Complex Cases and Clinical Pearls Amanda Tinkelman MD, Anika Suddath, MD Valerie Shusterov, MA Melvina Evans, LMSW	Serving Those who Serve: An Exploration of the Challenges Faced by Military Parents and Those who Wish to Serve Them Melissa, Bentley LPC,M.A.,PMH-C, PSI Military Task Force, Panel	Nourishing Healthy Starts: A Systems-Based Nutrition Intervention to Advance Perinatal Mental Health Equity Johnson CD,M.S.W.,PMH-C Ashley, Farmer CD, M.P.H. Natasha Woodard,MS,MSW,CHLC Jasmine Kimbrough CD Brya, Johnson CD, MSW.,PMH-C	Maternal Mental Health Policy Center Fellows: A Conversation Highlighting State Case Examples of Building and Advancing Policy through Collaboration Mikah Goldman Berg M.A., Elyse Springer M.A.,PMH-C, Tyleshia Jennings LCSW, Jessica Vanderberg LCSW,M.Ed. Crystal McFadden B.A.,PMH-C	Toward the Critical Expansion of Perinatal IOPs and PHPs: The Perinatal ILOC Innovations Project Roxanne Rosenberg LCMHC,PMH-C Paige Bellenbaum, LCSW, PMH-C Naina Sodhi M.S., MFT, SEP			
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<b>SUNDAY, JUNE 28</b>										
SUN JUNE 28	9:00-12:30	Post-Conference Certificate Training	PSI Advanced OCD Training - Morning <i>will not be recorded</i>							
SUN JUNE 28	9:00-12:30	Post-Conference Certificate Training	PSI Psychosis Training - Morning <i>will not be recorded</i>							
SUN JUNE 28	9:00-12:30	Post-Conference Certificate Training	PSI Substance Use Disorder Training - Morning <i>will not be recorded</i>							
SUN JUNE 28	9:00-12:30	Post-Conference Certificate Training	PSI Advanced Psychopharmacology Training - Morning <i>will not be recorded</i>							
SUN JUNE 28	9:00-12:30	Post-Conference Certificate Training	Psicoterapia Avanzada en Salud Mental Perinatal - Spanish - Mañana <i>will not be recorded</i>							
SUN JUNE 28	9:00-12:30	Post-Conference Certificate Training	PSI Advanced PMH Psychotherapy Training - Morning <i>will not be recorded</i>							
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<b>SUNDAY, JUNE 28</b>										
SUN JUNE 28	1:30-5:00	Post-Conference Certificate Training	PSI Advanced OCD Training - Afternoon <i>will not be recorded</i>							
SUN JUNE 28	1:30-5:00	Post-Conference Certificate Training	PSI Psychosis Training - Afternoon <i>will not be recorded</i>							
SUN JUNE 28	1:30-5:00	Post-Conference Certificate Training	PSI Substance Use Disorder Training - Afternoon <i>will not be recorded</i>							
SUN JUNE 28	1:30-5:00	Post-Conference Certificate Training	PSI Advanced Psychopharmacology Training - Afternoon <i>will not be recorded</i>							
SUN JUNE 28	1:30-5:00	Post-Conference Certificate Training	Psicoterapia Avanzada en Salud Mental Perinatal - Spanish - Tarde <i>will not be recorded</i>							
SUN JUNE 28	1:30-5:00	Post-Conference Certificate Training	PSI Advanced PMH Psychotherapy Training - Afternoon <i>will not be recorded</i>							