



Name: Shannon Halloway, PhD, RN
Current Title: Assistant Professor
Affiliation: Rush University
Candidate for: MNRS Board Nominating Committee



Personal Statement:

It is my pleasure to submit my self-nomination for the MNRS Nominating Committee, and I wholeheartedly provide my letter of interest. I would be honored to continue my dedicated involvement with this exceptional organization. I am currently an Assistant Professor at Rush University College of Nursing (RUCON). My research interests center on behavioral strategies to combat cognitive decline and memory loss in at-risk older adults. I have focused on older adult disparate populations who have higher rates of memory loss, including ethnic minorities and women with cardiovascular disease. My doctoral work, supported by a NRSA fellowship (F31 NR015372-01) and three foundation grants (including the MNRS Founders' Circle Endowment Dissertation Grant in 2015), showed the positive impact of physical activity on episodic and semantic memory in older Latinos, and the detrimental effect of sedentary behavior on cardiovascular health. My postdoctoral work focused on the effects of physical activity interventions on brain structure/function in healthy older adults, and the association between physical activity, brain health, and cognition, resulting in the Best Nursing Abstract at American Heart Association Scientific Sessions, and Best Postdoc Poster Award at the Alzheimer's Association International Conference. With the support of 3 grants (1 Sigma Theta Tau International, 2 internal awards), I have developed and pilot tested a multimodal lifestyle intervention for older women with cardiovascular disease that aims to prevent memory loss in this at-risk population: MindMoves. As detailed in my abbreviated CV, my contributions to science include 16 peer-reviewed publications (9 first author), 16 presentations (1 international, 10 national, 5 at MNRS Annual Conference). Throughout my doctoral studies and time so far as a junior researcher, I have maintained close involvement with MNRS, including serving as the Student Chair of the Gerontological Nursing Science RIG, Representative and then Secretary of the Emerging Scholars Network, and most recently, RIG Co-chair of Health Promoting Behaviors Across the Lifespan. Other recent service in professional organizations includes the Student/Junior member of the CANS Finance Committee, and current membership of the American Heart Association CVSNI Membership Committee. My recent tenure as a Jonas Policy Scholar (Women's Health Expert Panel) provided me valuable experience in nursing's impact on local and national healthcare policy. During that time, I developed skills in

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media (The OpEd Project: publication of 5 opinion pieces and 2 journal editorials, and several online/podcast features). I also have extensive experience at Rush University on a variety of committees and organizations, including University Assessment, the Faculty Advisory Committee, and the Rush University Medical Center Wellness Council. I am prepared to actively contribute and continually develop these skills as a member of the MNRS Nominating.

Click Here
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Curriculum Vitae

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