



47th Annual Research Conference

March 29- April 1, 2023

Learn More & Register TODAY

Leading the Way >>>>

**The Critical Importance of Nursing
Science and Implementation in a New Era**

[MNRS.org](https://www.mnrs.org)

LEARNING OBJECTIVES

- Examine innovative strategies to foster resilience and retention in nursing practice, education, and research.
- Identify new models of wellness and work environment innovations to support and strengthen healthcare members' mental and physical health.
- Explore legal and ethical implications of nursing practice and the impact on population health and nursing practice, research, and implementation.
- Disseminate nursing research that meets the unique needs of theory and practice in our new era.

Iowa Events Center - Des Moines

TOP TEN

Four programs ranked in the top 10 in the country



YOUR CAREER DESTINATION

TOP-RANKED PROGRAMS

- #9 ranked Bachelor of Science in Nursing, 2023 U.S. News & World Report
- World-renowned PhD program
- Cutting-edge DNP and CNL programs
- Innovative healthcare simulation experiences
- Post-graduate certificate programs
- Groundbreaking Master of Science: Entry into Practice for non-nurse college graduates to become practicing nurses

OUTSTANDING CENTERS

- NINR P20 Exploratory Center for Advancing Multimorbidity Science
- Csomay Center for Gerontological Excellence
- Center for Nursing Classification

WORLD-CLASS SUPPORT FOR RESEARCH

- \$70,000 in internal pilot grant funding available in fiscal year 2023
- \$4,206,529 in external funding in fiscal year 2022
- Strong mentorship and interdisciplinary collaborations
- Full-time staff assistance for research development, proposal submission, grant accounting, statistical support, and data management

CAREER OPPORTUNITIES

- Mid-career and senior tenure-track endowed professorship
- Tenured/tenure-track nursing faculty positions
- Postdoctoral opportunities

Build a career. Build a life.

Learn about the vibrant, inclusive environment Iowa City has to offer.



University of Iowa College of Nursing
50 Newton Road, Iowa City, IA 52242
✉ nursing-research@uiowa.edu

→ [NURSING.UIOWA.EDU](https://nursing.uiowa.edu)

IOWA

College of Nursing

47th Annual Research Conference

Dear Colleagues,

On behalf of the Midwest Nursing Research Society Board of Directors, I want to thank our 1,400+ dedicated members for ensuring that MNRS continues to be the premiere regional nursing research society. In 2022 MNRS returned to an in-person meeting after hosting two virtual conferences, and we welcomed 904 participants from 177 institutions across the United States. We look to continue the momentum in 2023 with the latest in nursing science at a state-of-the-art facility in Iowa.



MNRS comprises frontline healthcare workers, faculty, students, nursing scientists, and clinical scholars devoted to nursing research and implementation. You can NETWORK with leaders in nursing research, practice, and education at the Annual Research Conference. It is a place to present your scientific work in multiple formats, including paper presentations, poster discussions, and poster presentations covering all eighteen (18) of the MNRS Research & Implementation Interest Groups.

Each year I am astounded by the research and scholarship our members share, and this year is proving to be no different. As the need for dissemination has never been greater, we cordially invite you to join us in 2023 in Des Moines, Iowa, for the 47th MNRS Annual Research Conference. The conference will take place from March 29 to April 1. We thank our host school, the University of Iowa, and all the schools and organizations participating as sponsors, advertisers, and exhibitors. The conference would not be possible without your generous support.

I want to thank the Program Planning Committee and volunteers who contribute countless hours to ensure the conference's success. Under the leadership of Dr. Kimberly Dillon-Bleich, the Program Planning Committee has organized a stimulating conference that will provide opportunities for attendees to hear about cutting-edge research and evidence-based practice, engage in thoughtful discussions, network with fellow nursing scholars, and learn about emerging research methods.

Dr. Marita Titler of the University of Michigan is offering the opening keynote presentation, and Dr. Angela McBride of Indiana University is providing the closing keynote presentation focused on the 2023 theme of Leading the Way: The critical Importance of Nursing Science and Implementation in a New Era.

Additionally, MNRS continues to provide outstanding career development guidance and learning opportunities for nurse scientists and scholars at all career levels – from students and junior investigators to mid-career and senior scientists.

We encourage you to join us for the 2023 MNRS Annual Research Conference, take full advantage of opportunities to hear the latest in nursing research, and network with old and new colleagues and friends!

A handwritten signature in black ink that reads "Kathy".

Kathleen Buckwalter, PhD, RN, FAAN
President, Midwest Nursing Research Society



Let's Talk About Imposter Syndrome

Overcoming and Building Confidence as a New
Nurse Scientist with Practical Applications.

EMERGING SCHOLARS NETWORK LUNCHEON

2023 ANNUAL RESEARCH CONFERENCE



Discussion
Panel & Lunch

\$20

Click [HERE](#)
to Register

Thursday
March 30

11:00 am - 12:30 pm
Ballroom B, 4th Floor
Iowa Convention Center

Speaker &
moderator
details
coming soon!

Midwest Nursing Research Society

47th Annual Research Conference

Welcome to the Midwest Nursing Research Society!

MNRS began as an idea to provide a place for nurses to collaborate. Since its formal creation in 1975, it has grown to be the leading nursing association in the Midwest region of the United States. MNRS is a society where scientists, innovators, and drivers of clinical practice across the career trajectory, come together to share ideas and grow the nursing research field through innovative collaboration. **More than 45 years later, MNRS is 1,400 members- strong and growing!**

Each year, MNRS hosts a state-of-the-art conference that draws attendees from all over the United States. This annual event is where members and non-members can come and showcase their work and network with leaders in the field, colleagues, and friends. From current students to seasoned veterans, MNRS can be home to anyone with a passion for nursing research!

3% Membership Growth & Expansion

MNRS membership is actively growing and expanding the demographics by approximately 3% each year.

WORTH THE INVESTMENT

95% 2022 conference goers reported it was worth the time they invested to attend

“True to form, the 46th Annual Research Conference provided high quality and scientifically sound conference content and extensive networking opportunities.”

Eileen Hacker, PhD, APRN, AOCN, FAAN



HOTEL INFORMATION

Hilton Des Moines Downtown

435 Park St., Des Moines, IA 50309
dsmdi_hotel@hilton.com
515.241.1456

Des Moines Marriott Downtown

700 Grand Ave., Des Moines, IA 50309
DesMoinesMarriott.com
515.245.5500

Hotel Cut-Off date is March 1, 2023

[Click HERE](#) for details on Hotels

904

attendees

The total number of attendees of the 2022 Conference.

CATCH DES MOINES



>Welcome to MNRS

47th Annual Research Conference

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Board of Directors

THANK YOU TO OUR 2023 HOST SCHOOL

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Nationally Ranked #19 for NIH Funding to Schools of Nursing
Blue Ridge Institute for Medical Research, 2021

Advancing Nursing Science

We're proud to salute our faculty for their outstanding commitment to research and scholarship aimed at improving health and well-being in the U.S. and across the globe.

Faculty Spotlight: Dr. Olga Jarrín Montaner is leading two large-scale, research grants totaling \$5.2 million from the from the NIH National Institute on Aging.

Learn more
nursing.rutgers.edu ▶



47th Annual Research Conference

OPENING KEYNOTE SPEAKER

March 30, 2023



MARITA TITLER

PhD, RN, FAAN

University of Michigan School of Nursing

Well-Being of Nurses: Reflection and Call to Action

The pandemic exposed the public to the realities of nursing – the nature and complexity of their work, and their commitment to patient care. An overview of the impact of the Covid 19 pandemic on nurses will be presented followed by implications for nursing science. Individual and organizational level interventions to foster well-being of nurses will be presented. The presentation will conclude with a call to action to address current and future workforce issues.

Learning Objectives:

- Overview the impact of the Covid 19 pandemic on nurses and implications for nursing science
- Identify 3 interventions to foster the well-being of nurses
- Discuss a call to action to address nursing workforce issues

Dr. Marita G. Titler is a Professor Emeritus at the University of Michigan, School of Nursing. She has held multiple positions including the Associate Dean for Practice, Department Chair for Systems, Populations and Leadership, and Associate Director for MICHR – the UM CTSA. Her program of health services research is in implementation science, and outcomes effectiveness with a focus on older populations. Since 1994, she has received continuous federal funding to conduct her research. She has been PI on five implementation studies funded by AHRQ, NIH and RWJF, including multi-site implementation studies on acute pain management of older adults hospitalized for hip fracture (1R01 HS10482; 2 R01 HS010482), cancer pain management in home hospices (R01 CA115363), and use of a psychoeducational program (FOCUS) for cancer patients and their family caregivers (UL1TR000433). Dr. Titler is the PI of the T32 institutional training grant Complexity: Innovations in Promoting Health and Safety (T32 NR016914). She is a sponsor for a K01 (K01AG065420) funded by National Institutes on Aging on Culturally Responsive Support Programming for Black Caregivers of Person with Dementia. She has published over 225 papers in referred journals including Medical Care, Health Services Research, and Implementation Science. She has served on several national committees including the National Advisory Council for AHRQ, and the Committee on Standards for Developing Trustworthy Clinical Practice Guidelines for the Institute of Medicine. She is currently a member the NCI Central IRB for Cancer Prevention and Control. She has received numerous awards for her work including the American Organization of Nurse Executives National Researcher Award, the Sigma 1 2023 Annual Research Conference Theta Tau International Elizabeth McWilliams Miller Award for Excellence in Research, and the President's award from the Friends of NINR. She is a Fellow in the American Academy of Nursing and member of the National Academy of Medicine.

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47th Annual Research Conference

CLOSING KEYNOTE SPEAKER

April 1, 2023



ANGELA MCBRIDE

PhD, RN, FAAN

Indiana University School of Nursing

Leading the Way: Looking Back to Move Forward

As we edge toward MNRS's half-century mark, it behooves us to reflect on what it means to lead the way in the next half century. After describing some views of leadership, this presentation will look back on some of nursing's research achievements from Nightingale's founding of public health statistics to the current emphasis on evidence-based practice, then consider some of the challenges that lay before us. At the end, there will be some final thoughts about the importance of PhD recruitment, supports for career development, and intra-disciplinary research teams. One of the underlying themes of these ruminations is the need for our knowledge development to have greater impact in effecting quality health care.

Learning Objectives:

- Articulate the skills overlap in the roles of leader and scientist
- Take pride in nurses' scientific achievements to date
- Describe some individual and institutional challenges ahead
- Consider some areas in need of strengthening if nurses are to lead the way in the future

Angela Barron McBride is Distinguished Professor Emerita and University Dean Emerita at Indiana University School of Nursing. She received her bachelor's degree in nursing from Georgetown University, her master's degree in psychiatric-mental health nursing from Yale University, and her PhD in developmental psychology from Purdue University. She is known for her contributions to women's health, particularly the psychology of parenthood. In recent years, she has focused her scholarly attention on leadership development, having written the award-winning book *The Growth and Development of Nurse Leaders*. For her contributions, she has been honored with various professional awards, received seven honorary doctorates, elected to the National Academy of Medicine, and designated as a "Living Legend" by the American Academy of Nursing.

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47th Annual Research Conference



Research & Implementation Interest Groups Symposia

Competitive Symposia

- The Critical Importance of Nursing Science and Implementation in a New Era
- Navigating Challenges and Prioritizing Innovation in Adolescent and Young Adult Health Research
- Enhancing Access to Palliative/End of Life Care: Innovations, Identifying Challenges, Overcoming Barriers
- Paying It Forward: Intergenerational and Epigenetic Influences on Health
- Leveraging Qualitative Methods and Design to Innovate, Create, and Implement Novel Health Solutions in the New Nursing Science Era
- The Impact of COVID-19 on Research with Older Adults and Their Connection to Society
- Leveraging Digital Health Data to Advance Health Science, Improve Clinical Outcomes, and Inform Policy Decisions

Guaranteed Symposia

- To Infinity and Beyond: Symptom Science from Mechanism to Intervention
- Advancing Self-Care Science through the Research Lenses of the NINR 2022-2026 Strategic Plan
- Navigating Life Transitions for Older Adults: Stages and Settings
- Leading the way: Innovations in Acute & Critical Care Research and Implementation
- Measurement and Assessment Techniques to Enhance the Science of Nursing Education
- Building relationships to enhance family health: Engaging stakeholders, community partners, and families in research

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47th Annual Research Conference

Special Sessions

- Research in Action: Be the first to experience the All of Us Researcher Workbench
- LGBTQ+ Visibility in Nursing Research: A Facilitated Discussion
- Strategies for Thriving during midcareer: Lessons from Esteemed Nurse Scholars
- Planetary Health Nursing: An Essential Strategy for the Future of Nursing
- Disparities and Inequities in Reproductive Health-Implications for Research and Practice
- Research in Action: Be the first to experience the All of Us Researcher Workbench
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- Strategies for Thriving during midcareer: Lessons from Esteemed Nurse Scholars
- Planetary Health Nursing: An Essential Strategy for the Future of Nursing
- Disparities and Inequities in Reproductive Health-Implications for Research and Practice
- MNRS Editors' Special Session: Common Questions Authors Ask
- Family Centered Care: Development and Introduction to Parent Based Skincare
- Conducting Multi-Site Research Studies: Benefits and Challenges in Practice Settings
- National Institute of Nursing Research: Funding Opportunities around a New Strategic Plan
- Junior Faculty Career Development: Successfully Negotiating for that First Faculty Position
- Improving Fall Risk Assessment to Reduce Falls in Assisted Living Communities



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CATCH
DES MOINES

2023 FOUNDATION CHAMPAGNE RECEPTION

IOWA EVENTS CENTER

FRIDAY, APRIL 1ST

5:30 - 6:30 PM | 3RD-FLOOR MEZZANINE

Champagne and hors d'oeuvres reception benefiting the MNRS Foundation and its mission of advancing nursing research through grant funding.

Consider sharing this special event with a budding scientist by purchasing an additional ticket for a student, grant recipient, or mentee.

Contribution of \$250 per person to secure your exclusive ticket. [Click Here](#) to add the ticket to your registration.



Nursing informatics has the potential to:

- Make better decisions
- Revamp the care process
- Shape the quality and safety of health care
- Improve the health of communities, locally and globally
- _____

At the University of Minnesota we recognize the potential of nursing informatics. Our nurse researchers are committed to use big data, artificial intelligence and mobile health to advance the health of people, populations and our planet.

Discover the possibilities of nursing informatics at z.umn.edu/nursingresearch



SCHOOL OF NURSING
UNIVERSITY OF MINNESOTA

47th Annual Research Conference

IN-PERSON / LIVE CONFERENCE

	Regular Member	Student Member	Retired & Int'l Member	Non Member
Early Bird Rate On or Before February 24, 2023				
Full Conference	\$490	\$280	\$280	\$695
One Day	\$355	\$230	\$230	\$405
Standard Rate After February 24, 2023				
Full Conference	\$590	\$380	\$380	\$790
One Day	\$405	\$280	\$280	\$485

DIGITAL ACCESS ONLY AFTER THE CONFERENCE

	Regular Member	Student Member	Retired & Int'l Member	Non Member
Early Bird Rate On or Before February 24, 2023				
Full Conference	\$360	\$140	\$203	\$515
Standard Rate After February 24, 2023				
Full Conference	\$460	\$240	\$303	\$615

Registration

47th Annual Research Conference



Conference Registration Details

All attendees must register for the meeting. The registration fees are listed on the conference website and registration page. Please note that the Pre-conference Workshop is an additional fee and is not included in the MNRS conference registration fee. All **non-member students** are required to provide proof of student status at the time of registration. (i.e., student ID, transcript, or a letter from a Dean).



Registration Cancellations/Refunds

A partial refund will be honored **before February 24, 2023**, less a \$50 service fee. No refunds will be issued after February 24, 2023. Substitutions are allowed **until March 24, 2023**. To cancel a registration or make a substitution, email the Executive Office at info@mnr.org or call (615) 432-0098.



New Member/First-Time Attendees

New members and first-time attendees are invited to an **MNRS Orientation on Wednesday, March 29, 2023**. The time will be announced with the schedule. Registration is Free! There is an option to select the orientation during the registration process.

[Click HERE to Register](#)

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Help fund the **NEW Step-Up Grant!**

***2023 Conference
Walk-a-Thon***

[Click HERE for Details!](#)

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MNRS Pre-Conference Writer's Workshop

The workshop is limited to 12 attendees and each attendee must provide a manuscript draft for review by January 15th and submit a review for a manuscript other than their own by February 1st.

Goals:

- The learner will learn to review a manuscript draft of a participant and provide written feedback.
- The learner will be able to get an analysis of where the manuscript needs improvement regarding the background, aims, methods, analysis, and discussion



\$50
Click [HERE](#)
for full
details & to
register

Wednesday
February 8
4:00- 6:00 PM ET
This session is
VIRTUAL & only
available to those
registered.

Join Drs.
Joachim Voss,
Ronald Hickman,
Rita Pickler &
Todd Ruppert for
this special
session.

47th Annual Research Conference

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Brentwood, TN 37027
615.432.0098
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Be Sure to Join the Conversation

MNRS invites you to connect and join the online conversation. Please follow /like the MNRS Social Media pages today! Updates are posted regularly. Click icons below to connect!



Don't forget to use the hashtag **#MNRS2023** if you post pictures or comments about the 2023 MNRS Annual Research Conference! We'll see you in Des Moines.

CATCH DES MOINES

THE S's ARE SILENT. BUT THE CITY IS BUZZING.

Greater Des Moines is the fastest-growing metro in the Midwest for good reason. It's culture without the cost. Art without the attitude. Travel without the traffic. Walkable without the worry. We're a clean, safe, inclusive, and fun destination that is ready to welcome you safely and responsibly.

[Explore Des Moines and start planning your visit!](#)

[MNRS.org](https://www.mnr.org)

[2023 Conference Webpage](#)

