

**Ralph Kupka, M.D., Ph.D.**

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Ralph Kupka, M.D., Ph.D, (1957) received his medical and psychiatric training at the Academic Medical Center, Amsterdam, the Netherlands. Subsequently he worked at the AMC (1990-1995), the University Medical Center Utrecht (1995-2003), and was director of the Psychiatric Residency Training Program and the Bipolar Disorders Program at the Altrecht Institute for Mental Health Care in Utrecht (2004-2010). In 2010 he was appointed as professor of psychiatry, especially bipolar disorders, at VU University Medical Center, Amsterdam. Next to his research and teaching activities, he is currently working as a consultant psychiatrist at the bipolar disorders outpatient programs at GGZinGeest in Amsterdam, and Altrecht in Utrecht. He was one of the principle investigators of the Stanley Foundation Bipolar Network, a collaboration of academic centers in the United States, the Netherlands and Germany from 1995 to 2002. He received his PhD-graduation in 2003 on clinical and immunological studies of rapid cycling bipolar disorder. He authored and co-authored many articles and book chapters on mood disorders. He was editor-in-chief of the first Dutch Handbook of Bipolar Disorders (2008), and chairman of the Dutch Guideline Committee for Bipolar Disorders (2015). Since 2004, he is president of the Dutch Foundation of Bipolar Disorders ([www.kenbis.nl](http://www.kenbis.nl)), and since 2020 Vice-president of the International Society for Bipolar Disorders (ISBD). He is an honorary member of the Dutch Patient Association for Bipolar Disorder.

