



Manuel Sanchez de Carmona, M.D.
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Dr. Manuel Sanchez de Carmona is a member of the ISBD Board of Directors and works as an associate professor of Clinical Psychiatry for the Anahuac University in Mexico City, Mexico. He began his involvement with ISBD in 2008 as the founder of the ISBD Mexican Chapter and since then in key leadership roles: first as ISBD Secretary Treasurer and then as ISBD President, serving for two consecutive terms from March 2014 to December 2017. He was able to actively promote the Society and generate local chapters in several countries of Latin America, Asia, and Europe. He is passionate about providing education on bipolar disorders and using the Society as a game changer in public mental health services. Since World Bipolar Day's inception, he has been involved in its global promotion and making connection with experts with the lived experience to generate community awareness and fight stigma.

Dr Sanchez de Carmona has more than 25 years of clinical experience treating mood disorders and is interested in diagnosis, early detection and providing quality of life to patients.