



Beny Lafer, M.D., Ph.D.
Associate Professor
Director, Bipolar Disorder Program
Department of Psychiatry
University of São Paulo Medical School

Dr. Lafer is an Associate Professor at the Department of Psychiatry at the University of São Paulo Medical School (FMUSP). He Graduated in Medicine and obtained his PhD at the University of São Paulo Medical School where he did his Residency in Psychiatry. In 1991-1995 he did a Clinical and Research Fellowship in Psychopharmacology and Brain Imaging in Mood Disorders at the Massachusetts General Hospital, Harvard Medical School. Since 1996, he is Director of the Bipolar Disorder Research Program (PROMAN) at the Institute of Psychiatry, Hospital das Clinicas, FMUSP. His research focus is on pathophysiological and therapeutic studies related to Bipolar Disorders, specifically the use of imaging and laboratory techniques to elucidate underlying mechanisms and investigation of novel approaches for the acute episodes and long-term maintenance treatments. His research has been funded by CNPq, FAPESP, CAPES, American Psychiatric Association, Brain and Behavior Foundation and the Baszucki Brain Research Fund. He has published over 300 manuscripts and 40 book chapters that have received more than 6000 citations. He was the founding president of the Brazilian Association for Bipolar Disorders and, currently, is the Latin American Representative on the International Society for Bipolar Disorder (ISBD) Board of Directors. Since 2013 he is an Adjunctive Associate Professor of the Department of Psychiatry at the University of Toronto. In 2018 he received the Mogens Schou Award from ISBD.

Dr Sanchez de Carmona has more than 25 years of clinical experience treating mood disorders and is interested in diagnosis, early detection and providing quality of life to patients.