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Dr. Goldstein is a child-adolescent psychiatrist and Professor of Psychiatry and Pharmacology at the University of Toronto. He holds the RBC Investments Chair in Children's Mental Health and Developmental Psychopathology at the Centre for Addiction and Mental Health, where he is Director of the Centre for Youth Bipolar Disorder. Dr. Goldstein's efforts focus on bipolar disorder in youth. His team seeks to generate insights regarding the link between bipolar disorder and cardiovascular disorders, and to identify and implement innovative prevention and treatment strategies that focus simultaneously on physical and mental health. Dr. Goldstein has authored over 270 scientific articles, and has received international awards for his research.