



2026 ISBD ANNUAL MEETING

New & Trending Oral & Poster Submission Guidelines

DEADLINE: March 19, 2026

**All deadlines occur at 5:00 PM Central*

Presentation Format:

New and Trending Oral presentations will be brief, 7-minute presentations that address recent developments in the field, followed immediately by 5-minute discussion. There will be up to 6 presentations per 75 minute session.

Authors can submit abstract preferences for oral or poster presentation. The scientific committee retains the final decision to choose the presentation format. Accepted abstracts will be published in the *Bipolar Disorders* Journal and as an online abstract supplement to the ISBD Conference.

Submission:

- Individual abstracts must be submitted in English and are limited to 250 words.
- Abstracts must include section headers for “Aims,” “Methods,” “Results” and “Conclusion”. **No figures, tables or references are to be included in the abstract.**
- Submitters will be asked to provide co-authors (name and affiliations only), a financial disclosure for the presenting author only, and indicate if they would like to be considered for an *Oral Presentation* of their work. The co-author listing is to give credit to those that contributed to your work and abstract. Please note that only one presenter is allowed per presentation and that co-authors are not eligible to co-present during the meeting due to accreditation standards.
- If the submitter indicates that they are interested in an *Oral Presentation*, they will also be asked to address the following question:
 - What is new or novel about your study/research/project? For example, do you have unpublished data or findings that are on the cusp of being published?

Poster Requirements:

Poster size and mounting instructions will be sent with acceptance notification. Presenters will be responsible for providing the materials to mount their poster. Materials should not be on heavy board, as it will be difficult to affix to the poster board. Keep presentations as light as possible.

All poster presenters will also be encouraged to upload a digital version of their poster in the e-Poster gallery and upload a brief, 2-minute audio recording of their presentation. The e-Poster gallery will be available through the conference app as well as post conference.

Poster and New & Trending Oral Session Topics:

For the 2026 Annual ISBD Conference, we would like to highlight that, in addition to our primary focus on bipolar disorder, we are also accepting proposals that focus on mood disorders more broadly.

Topic areas include:

- Basic research:
 - Biomarkers
 - Brain Structure and Function
 - Genetics
 - Omics
 - Physiological, Molecular, Cellular Markers and Models
 - Animal Models
- Applied research and/or clinical practice:
 - AI
 - Assessment
 - Alternative and Complementary Therapies
 - Brain Imaging
 - Clinical Trial Designs
 - Diagnosis and Classification
 - Medical Comorbidity
 - Psychiatric Comorbidity
 - Disability / Rehabilitation
 - Cognition
 - Innovative Therapeutics
 - Integrative and Holistic Treatments (i.e., pharmacological, somatic, psychological)
 - Developmental Psychopathology, Prodromes, Early Recognition
 - Illness Course, Staging
 - Psychosocial Treatments and Self-Management
 - Quality of Life
 - Stigma
 - Suicide and Self-Harm
 - Trauma
 - Updates on Treatment Guidelines
- Population Health/Analysis
 - Big Data and Advanced Analytics
 - Implementation Research
 - Population Health
 - Epidemiology
 - Economics
- Special groups
 - Advocacy and Patient Organizations
 - Children and Adolescents
 - Cultural Differences and Its Consequences
 - Racial & Ethnic Considerations
 - Sex & Gender Related Issues
 - Older Adults (the elderly)
- Hot Topics

The conference also welcomes submissions outside of the specific topics above, so long as they are relevant to bipolar and depressive disorders.