



Anxiety & Depression

Conference **ADAA** 2024

April 11–14, 2024
BOSTON, MA

**Sex and Gender: Navigating the Biological and Social
Constructs in Depression and Anxiety Disorders**

Things To Know Before You Submit

- All session and poster presenters **must register** at the appropriate registration fee to attend the conference. Session chairs/organizers are responsible for making sure that all presenters agree to this requirement. **ADAA is unable to provide a discount for presenters.**
- The 2024 conference is scheduled for April 11-14, 2024. By submitting, you agree to present on any of those days. **ADAA is unable to accommodate scheduling requests.**
- Submissions can be saved and submitted at any time before the appropriate deadline. In order for your submission to be considered complete, you must click on the “Submit” button. Note: once a submission has been submitted you may make additional changes up until the deadline.
- Presenters may submit up to four presentations, but only two may be accepted. (Excludes chairs, discussants, and poster presentations.)
- Session submitters/chairs are responsible for ensuring the submission is completed by the deadline- this includes individual abstracts for symposia.
- Begin the submission process early to allow time to edit/add information. Save your submission and log back in to finalize by the deadline. **Avoid waiting until the final days – if you have any questions or need assistance, the conference team may be delayed due to a high volume of emails at that time.**
- All session descriptions and individual symposium abstracts are peer-reviewed for scientific and educational merit. Be sure to provide enough content for reviewers to evaluate your submission.
- Be clear about results, educational need, and contribution to advance science or practice. **DO NOT** write, “...has been presented before with good reviews” or “results will be discussed.”
- Write learning objectives using action verbs.
- **DO NOT** enter test or multiple submissions for the same presentation. You can save your progress and update the submission up to the deadline to complete an abstract.
- Abstracts should not include charts, graphs, or references.
- Do not include a department name in the author/presenter affiliation.
- You must designate the level of the presentation.
- Be sure to read “Review Criteria”.
- The submission site closes at 5:00 pm (ET) on the stated deadline. **Incomplete or Late Submission will not be accepted.**

Designating the Level of your Presentation

You must designate the level of your presentation. Read guidelines below:

NOTE: ADAA Conference Attendees have expressed a desire for more advanced sessions. Priority will be given to submissions targeting this level of presentation.

Introductory: Sessions for those who have not had training in the topic; appropriate for those in training and those interested in learning new skills. They can feature general overviews of conditions and research studies that do not require in-depth knowledge of the topic, as well as introductions to treatment planning and strategies.

- Examples: “Introduction to Exposure Therapy for OCD,” “Pharmacotherapy for Treatment-Resistant Depression,” and “Use of Complementary and Alternative Medicine.”

Intermediate: Sessions requiring a moderate understanding of a condition, experience with treatment strategies, or knowledge of related topics, including research studies. They provide little background information and focus on specific principles. Abstracts should include up to three concepts familiar to attendees, such as exposure and response prevention, reassurance seeking, or hierarchy.

- Examples: “Incorporation of Specific Protocols to Treat Reassurance Seeking Behavior in OCD,” and “Enhancing Engagement in Exposure-Based Treatment for PTSD.”

Advanced: Sessions requiring an advanced understanding of a condition, experience with treatment strategies, or knowledge of related topics, including research studies. They provide no background information and focus on specific and advanced principles. Abstracts should include up to three concepts familiar to attendees, such as exposure and response prevention, reassurance seeking, or hierarchy.

- Examples: “Solving Problems in the Therapeutic Relationship,” “What Works and How: Primary Outcomes and Mechanisms of PTSD Treatment in Veterans from the PROGRESS Trial”

Portal Information for Submitters

- **Please note:** If you have not yet logged into the conference site, the first time you visit the system, go to the “Actions” panel to Create an Account. Please use the same email associated with your ADAA account and create a new password. Save this information as you will need it for subsequent log ins. The system will recognize your membership status with ADAA. This should take you immediately to a screen that asks you to update your profile information, and required fields are indicated.
- Session submissions must be first created by the Chair/Lead Presenter.
- Submissions can be saved and submitted at any time before the **appropriate deadline**. In order for your submission to be considered complete, you must click on the “Submit” button. Note: once a submission has been submitted you may make additional changes up until the deadline.
- Please be mindful of spelling, capitalization, and grammar. ADAA will not proofread submissions prior to peer-review. A poorly written submission may impact a reviewer’s impression.
- Communication about the 2024 conference is exclusively via email; please add @adaa.org to your safe-sender list.

Questions? Email conference@adaa.org

For more information about the 2024 ADAA Conference visit:

<https://adaa.societyconference.com> or
<https://adaa.org/conference>

Review Criteria for Symposia, Workshops, Roundtables

Highly Ranked Presentations:

- Present innovative or novel approaches, techniques, or treatments.
- Include researchers and clinicians on symposia and roundtables.
- Address an important, highly relevant, or emerging trends.
- Include a topic that is a good fit with conference theme.
- Provide high-value opportunities for learning and networking.
- Present new data (for research sessions).
- Address challenges or obstacles that arise when implementing treatments (for practice sessions).

Criteria:

- Clearly written abstract and learning objectives.
- Clearly described outcomes.
- Description of why new skills, techniques, or approaches are important (for workshops).
- Results must be included for symposia abstracts.

Important Notes:

- Preference will be given to interactive presentations comprised of both clinicians and researchers and also speakers from different institutions and countries.
- We encourage submissions related to the 2024 Theme – *Sex and Gender: Navigating the Biological and Social Constructs*
- We strongly encourage submissions on diversity and related to cultural, racial, and socioeconomic barriers to mental health care.
- New first-time presentations will be given priority.
- If a presentation has been made previously at ADAA, presenter needs to provide a rationale for why it should be repeated.

Learning Objectives

- **Focus on the attendee** and describe what they will learn, know, or be able to do as a result of your session.
- **Use action verbs that describe measurable behaviors:** analyze, apply, assess, create, compare, demonstrate, describe, discuss, explain, plan, practice, predict, recognize, summarize, use, etc.
- **Do not use these words: learn, know, understand, appreciate.**
- **Do not write** “participants will learn how to treat anxiety” **or** “participants will understand how to motivate patients to exposure therapy.”

Examples:

At the end of this session, participants will be able to...

- **Recognize** differences between acute and traumatic stress.
- **Apply** novel pharmacotherapies when treating patients with comorbid anxiety and depression.
- **Practice** relaxation and breathing techniques.
- **Summarize** genetic advances in our understanding of related disorders.