

Program Guide



Anxiety & Depression
Conference **ADAA 2025**

April 3-5, 2025
Las Vegas, NV

Youth Mental Health: Treatments that Work
and Opportunities for Prevention



www.adaa.org | [#ADAA2025](https://twitter.com/ADAA2025)

Vistagen

Who We Are

Headquartered in South San Francisco, CA, Vistagen (Nasdaq: VTGN) is a clinical-stage biopharmaceutical company leveraging a deep understanding of nose-to-brain neurocircuitry to develop and commercialize a broad and diverse pipeline of clinical-stage product candidates from a new class of intranasal therapies called pherines. Learn more at www.vistagen.com



We look forward to seeing you at the ADAA conference!

Stop by booth 202 to meet our team and learn more about Vistagen.

The banner features a purple background with a brain icon in the top right corner. The text is white and purple. At the bottom, there is a white button with purple text and a QR code.

 **SAD Clinical Trials**

Social Anxiety Study Volunteers

Adults 18-65 with social anxiety wanted for clinical study.

[LEARN MORE](#)





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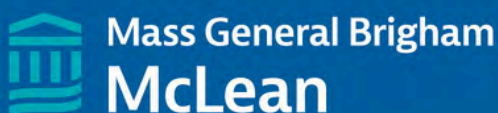
[Save the Date for 2026](#)



Effective, compassionate anxiety care

From evidence-based treatment to therapy informed by cutting-edge research, McLean creates unique care plans to promote successful recovery.

Our inpatient programs offer a safe and secure environment for those in need of immediate acute care, while our residential, day, and outpatient programs focus on providing skills for patients to manage their illnesses on their own.



From H. Blair Simpson, MD ADAA President

*Professor of Psychiatry at Columbia University Irving Medical Center (CUIMC)
Irving Philips Professor, Vagelos College of Physicians and Surgeons (VP&S),
Columbia University*

*Director of the Center for OCD and Related Disorders at the New York State
Psychiatric Institute/CUIMC*

*Co-Research Director of the New York Presbyterian Center for Youth Mental
Health*



Welcome to the 2025 Annual Conference of the Anxiety and Depression Association of America (ADAA)! We look forward to an excellent program that is designed to meet the education needs of our members—a multidisciplinary and diverse network of clinicians and researchers with backgrounds in medicine, psychology, social work, counseling, nursing, neuroscience, genetics, epidemiology, and other disciplines.

I want to thank our members, program supporters, donors, and our wonderful [2025 conference committee](#) for making the conference possible. I especially want to thank our conference co-chairs Kate Fitzgerald, MD, and Erika E. Forbes, PhD, for their time and commitment.

I would also like to thank all of our outstanding speakers who are willing to share their expertise and time. I hope that each of our attendees will take part in as many conversations as possible with our speakers and with each other.

ADAA is a special organization: dedicated to improving the care of people suffering from anxiety and depression, committed to advancing science and evidence-based practice, and founded on the premise that connecting clinicians and scientists and translating their expertise directly to the public is a critical way to advance the field. The result is a collegial and multidisciplinary organization that stays true to its [mission](#). This is why I have been a member since 2003.

As a membership-driven organization, I encourage you to get involved! We are always looking for innovative ideas and talent, including ideas for how we can promote productive dialogue between our clinician and scientist members and provide more evidence-based content to our more than five million annual unique website visitors! I encourage you to introduce yourself to me, the other Board of Director members as well as the staff, committees, and special interest group members throughout the conference and beyond. [Here is the link](#) to our Board of Directors' page which includes our headshots. We hope to be able to meet as many of you, our guests, as possible.

We hope that you make ADAA [your professional home](#). Thank you for your support of ADAA's mission.

Blair

THANK YOU TO THE CONFERENCE COMMITTEE



Co-Chair

Kate Fitzgerald, MD

Columbia University College of Physicians
& Surgeons and New York State
Psychiatric Institute



Co-Chair

Erika E. Forbes, PhD

University of Pittsburgh

SUBCOMMITTEES

Clinical & Practice Sub-Committee

Julia Martin-Burch, PhD
Jessica Stern, PhD
Natalie Javadi, PhD

Depression Expert and Representative

Scott Langenecker, PhD

Scientific Council Liaison

Alicia Meuret, PhD

Board Liaison

Jill M. Emanuele, PhD

Early Career Representatives

Rachel Lippin-Foster, LMSW
Cecilia A. Hinojosa

CDLP 2025 Committee

Research Track

Greg Fonzo, PhD
Antonia Seligowski, PhD

Clinical Track

Jamie Micco, PhD, ABPP
Krystal Lewis, PhD

Poster Award Representatives

Research

Abigail Powers Lott, PhD

Clinical

Grace Berman, LCSW

THANK YOU TO OUR ADAA CONFERENCE SESSION REVIEWERS

Grace Berman, LCSW
Karen Cassiday, PhD, ACT
Jeffrey Cohen, PSYD
Joan Davidson, PhD
Darius Dawson, PhD
Marla Deibler, PSYD, ABPP
Jill Emanuele, PhD
Kate Fitzgerald, MD
Gregory Fonzo, PhD
Erika Forbes, PhD
Brandon Gibb, PhD
Ken Goodman, LCSW
Sage Hawn, PhD
Cecilia Hinojosa, PhD
Elizabeth Hoge, MD
Natalie Javadi, PhD
Arash Javanbakht, MD

Morganne Kraines, PhD
Scott Langenecker, PhD
Krystal Lewis, PhD
Rachel Lippin-Foster, LCSW
Naoise Mac Giollabhui, PhD
Amy Mariaskin, PhD
Julia Martin Burch, PhD
Brian Martis, MD
Alison McLeish, PhD
Doug Mennin, PhD
Alicia Meuret, PhD
Jamie Micco, ABPP
Vasiliki Michopoulos, PhD
Fugen Neziroglu, PhD, ABPP
Katharine Phillips, MD
Diego Pizzagalli, PhD
Abigail Powers, PhD, ABPP

Simon Rego, PSYD, ABPP
Kimberly Rockwell-Evans, PhD
Barbara Rothbaum, PhD
Beth Salcedo, MD
Andrew Schmidt, PhD, LCSW
Franklin Schneier, MD
Antonia Seligowski, PhD
Lynne Siqueland, PhD
Jessica Stern, PhD
Michael Thase, FAPA
Michael Van Ameringen, MD
Karen Dineen Wagner, MD
Ricks Warren, PhD
Risa Weisberg, PhD
Zuzanna Wojcieszak, PhD
Erika Wolf, PhD

ADAA CONFERENCE APP

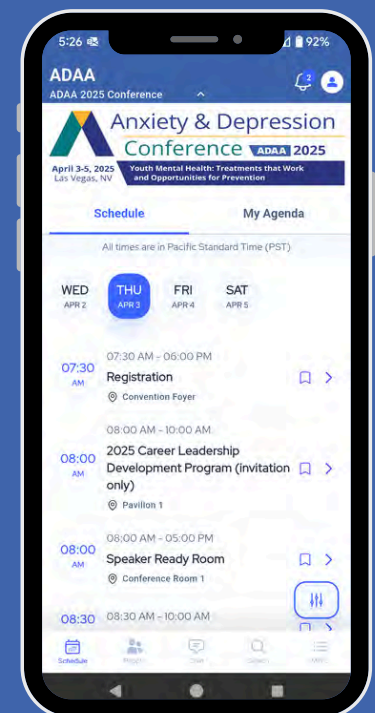
Navigate the event like a pro with
the ADAA mobile app
sponsored by McLean Hospital.

Search for "ADAA 2025" and download the app to
view the agenda.

Login with your registration email and password
to chat with attendees, customize your schedule,
and view e-posters.

[Apple App Store](#)

[Google Play Store](#)



THANK YOU TO OUR ADAA COMMITTEES

PROFESSIONAL EDUCATION COMMITTEE

The Professional Education Committee (PrEC) promotes the investigation and implementation of empirically supported treatments and best practices across disciplines and career levels through the development of a cohesive education program for multi-multidisciplinary professionals.

Beth Salcedo, MD, Professional Education Committee Chair

The Ross Center for Anxiety & Related Disorders

Joan Davidson, PhD, Professional Education Vice Chair

San Francisco Bay Area Center for Cognitive Therapy

Melissa Hunt, PhD, Professional Education Vice Chair

University of Pennsylvania

PUBLIC EDUCATION COMMITTEE

The focus of the Public Education Committee (PEC) is to improve and expand public education and outreach about anxiety, depression, and co-occurring disorders through website content, webinars, blog posts, social media outreach, and other collaborative educational projects.

Debra Kissen, PhD, MHSA, Public Education Committee Co-Chair

Light on Anxiety Treatment Center of Chicago

Neal Sideman, Public Education Committee Co-Chair

Paniccure.com

SCIENTIFIC COUNCIL

ADAA's Scientific Council (SC) is comprised of no less than 15 and no more than 75 mid- and senior-level basic and clinical researchers committed to the organization. The SC contributes scientific expertise and mentorship, encourages participation among colleagues, students and fellows, and volunteers to participate in projects that maintain ADAA's leading edge in research, dissemination, and treatment.

Alicia E Meuret, PhD, Scientific Council Chair (serves as an ex-officio ADAA board member)

Southern Methodist University

James Murrough, MD, PhD, Scientific Council Vice Chair

Icahn School of Medicine at Mount Sinai



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in anxiety and depression treatment

When you join Rogers Behavioral Health, you'll work in a collaborative environment with an interdisciplinary team of colleagues as dedicated to evidence-based behavioral health treatment as you are. You'll also gain access to:

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rogersbh.org/careers

THANK YOU TO OUR ADAA SPECIAL INTEREST GROUPS

CHILD & ADOLESCENT

The SIG promotes networking between clinicians and researchers and helps combat isolation for therapists in private practice and offers opportunities for learning and connection between the annual conferences through online communication and CE.

Co-Chairs: Kristy B. Allen, PhD, and Stephnie Thomas, LCPC, NCC

Vice Chairs: Rachel Lippin-Foster, LCSW, and Lynne Siqueland, PhD

EARLY CAREER PROFESSIONALS & STUDENTS

Unites students and early career professionals interested in the clinical treatment and research of anxiety and depression. The group develops ADAA conference activities organized around topics specifically relevant to students and early career professionals, and offers an initial avenue for students and early career professionals to become involved in ADAA. Early Career is typically defined as 5 years post degree attainment.

Co-Chairs: Lana Grasser, PhD, and Alnardo Martinez, LHMC

Vice Chairs: Liza Hinchey, PhD, and Reut Naim, PhD

Social Media Co-Chairs: T.H. Stanley Seah, PhD, and Rachel Siciliano, PhD

Student Representative: Doris Chen, BS

GENETICS & NEUROSCIENCE

Brings together researchers who are broadly involved in the biological science of anxiety and depressive disorders. This includes clinical and basic neuroscience (electrophysiology, imaging, animal models, experimental paradigms) and genetics (twin and family studies, molecular genetics, endophenotypes).

The SIG provides ADAA members with opportunities to network, share ideas, form collaborations, and update one another and the broader ADAA community on the state of the genetics and neuroscience field. The group is comprised of a diverse array of clinicians, researchers, and clinician-researchers across the student, postdoctoral scholar/clinical trainee, and faculty/practitioner levels.

Chair: Mohamad (Mo) Sendi, BSc, MSc, PhD

Vice Chair: Leland L. Fleming, PhD

LGBTQ+

Fosters professional community building, advancing research and clinical care, and developing publicly available resources. Key initiatives include collaborating with ADAA to create educational materials, hosting professional and public webinars, and connecting researchers and clinicians working to improve LGBTQ+ mental health care.

Co-Chairs: Jeff Cohen, PsyD, and Ceci Westbrook, MD, PhD

THANK YOU TO OUR ADAA SPECIAL INTEREST GROUPS

MULTICULTURAL ADVANCES

This SIG aims to facilitate increased attention on topics and issues concerning diversity and multiculturalism within ADAA and in the field in general, and encourages discussion, collaboration, and research among researchers, clinicians, and stakeholders interested in meeting the mental health needs of diverse underserved communities.

Co-Chairs: Natalie Arbid, PhD, and Amber Calloway, PhD

OCD & RELATED DISORDERS

Promotes collaboration, education/mentoring, research, and networking among ADAA members who have a specific interest in OCD and related conditions.

Co-Chairs: Jesse Spiegel, PsyD, and Sharon Batista, MD

PTSD

Focusing on all stages of career mentorship, dissemination of research, and advancement of quality patient care. The SIG provides a venue for professionals from all disciplines to network and create new connections in the field.

Co-Chairs: Lauren Sippel, PhD, Michelle Bovin, PhD, Danielle Cooper, PhD, and Michelle Fernando, PhD

SUICIDE AND SELF-INJURY

Promoting research and clinical collaboration among psychologists, psychiatrists, social workers, and other mental health professionals who are interested in the assessment and treatment of self-injurious thoughts and behaviors across the lifespan. This SIG seeks to bring together ADAA members with all levels of interest and expertise in STB research and clinical services.

Co-Chairs: Rachel Siciliano, PhD, and Ewa Czyz, PhD

WOMENS MENTAL HEALTH

Creating a place for clinicians and researchers to discuss, debate, and address issues relevant to the understanding and treatment of women suffering from anxiety and depression and related disorders. The SIG develops specific education presentations at the ADAA annual conference, such as workshops, roundtables, and poster sessions to increase the understanding and overall awareness of how the treatment of women suffering from anxiety and depression may be different than others in the population.

Co-Chairs: Sohye Kim, PhD, and Stephanie Woodrow, LCPC, NCC



**American
Foundation
for Suicide
Prevention**

We are pleased to be a
sponsor of the ADAA 2025
Annual Conference.

To learn more, visit
afsp.org

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GENERAL INFORMATION

Badges

Your conference badge is required for admission to all sessions, meals, posters, and receptions. Please wear it during the conference and remove it whenever you leave the hotel. Those without a badge may be asked to leave the conference space.

Breakfast and Breaks

Refreshments are available daily throughout the conference. Please refer to the Schedule at a Glance for specific time and location information each day.

First Time Attendees are welcomed to enjoy networking and coffee on Friday, April 4, from 8:00 am-9:00 am in Ballroom ABC.

Business Center

Located near Ballroom AI, the FedEx Office Business Center hours are 8:00 am-6:00 pm, Monday - Friday, and 8:00 am-4:00 pm Saturday-Sunday. Services include printing, copying, and shipping. Phone [\(702\) 862-4104](tel:7028624104).

Cell Phones

Please set your phones and other mobile devices to silent when entering all sessions.

Registration

Located in the Ballroom Foyer, Registration is open:

Thursday, April 3	7:30 am-6:00 pm
Friday, April 4	8:00 am-6:00 pm
Saturday, April 5	8:00 am-6:00 pm

Poster Sessions

Poster sessions will take place in Ballroom ABC:

Friday, April 4	5:00-6:00 pm
Saturday, April 5	5:00-6:00 pm

Emergency Information

In case of emergency, please use any house phone and dial 0 for assistance. Hotel operators will send security to attend. Please do not call 9-1-1 unless hotel has already been contacted.

Internet Access

All ADAA hotel guests at the Westgate Las Vegas Resort receive complimentary wireless internet in their guestrooms as part of the Resort Services Fee.

Wireless internet is available throughout the meeting space, thanks to our Platinum Sponsor, MindMed:

Network: Westgate Meeting
Password: mindmed25

Lunch

Attendees are on their own for lunch each day, but check the Schedule at a Glance for lunchtime programming.

The hotel will offer assorted food and drinks for sale daily from 7:00 am-3:00 pm in the convention center area.

A list of nearby restaurant options is available at Registration and in the meeting app.

Speaker Ready Room

Located in Conference Room 1, to the left as you approach from the hotel.

Visit the Speaker Ready Room to view and practice your presentation. Open Thursday-Saturday, from 8:00 am. Check the Schedule at a Glance for closing times.

Search Find Your Therapist Directory

Refine your search [Advanced Search](#)

Distance: Zip Code Zip

City State

Country Telehealth by State

Filter by Last Name | More Filters

Showing 785 of 785 members

Sort by: Last Name



Joanna Chango-James

[VIEW PROFILE](#)



L. Kevin Chapman

[VIEW PROFILE](#)



Daniel Chazin



Lyvia Chriki

ABOUT ANXIETY AND DEPRESSION ASSOCIATION OF AMERICA

The Anxiety and Depression Association of America (ADAA) developed this Find Your Therapist Directory for you to connect with licensed mental health professionals.

Know that you are not alone, and help is available.

The [Find Your Therapist Directory](#) – free for ADAA members – provides nationwide access to your practice for those seeking mental health care. The directory allows members to promote their practice and make referrals through a personalized directory listing. Directory listings are available only for ADAA members.

Help your clients take control of:

hair pulling
skin picking
nail biting

with  HABITAWARE



TIME BEST INVENTIONS



Ask us about our 90-person behavioral intervention RCT for Trichotillomania!

Come say hi!



Hi! We're Aneela & Ellen from HabitAware

We've worked with hundreds of thousands of people with BFRBs. Want to integrate HabitAware into your BFRB treatment practice? Find us to learn how!

habitaware.com

aneela@habitaware.com

ellen@habitaware.com

Recording or Photographing

Attendees may not record, via video or audio, or photograph presentations without prior permission from the chair and speakers.

ADAA reserves the right to use any photograph/video taken at any event sponsored by ADAA, without the expressed written permission of those included within the photograph/video. ADAA and our affiliates may use the photograph/video in publications or other media material produced, used or contracted by ADAA including but not limited to: marketing materials, future conference outreach, brochures, invitations, books, newspapers, magazines, television, websites, social media platforms, videos, etc.

A person attending an ADAA event who does not wish to have their image recorded for distribution should make their wishes known to the photographer, videographer, and/or the event organizers,

and/or contact ADAA at media@adaa.org or 8701 Georgia Avenue, Suite 412, Silver Spring, MD 20910 in writing of his/her intentions and include a photograph. ADAA will use the photo for identification purposes and will hold it in confidence.

By participating in an ADAA event or by failing to notify ADAA, in writing of your desire to not have your photograph or image used by ADAA, you are agreeing to release, defend, hold harmless and indemnify ADAA from any and all claims involving the use of your picture or likeness.

Any person or organization not affiliated with ADAA may not use, copy, alter or modify ADAA photographs, graphics, videography or other, similar reproductions or recordings without the advance written permission of an authorized designee from ADAA.

Thank you for your understanding and cooperation.



Anxiety & Depression
Association of America
Triumphing Through Science, Treatment, and Education

Anti-Harassment Policy

ADAA strives to provide an environment in which our diverse members may learn, network, and share information freely with their colleagues. As such, ADAA is committed to providing a safe and harassment-free conference experience for all participants (presenters, attendees, exhibitors, guests, and staff) regardless of age, race, sex, ethnicity, national origin, religion, language, sexual orientation, gender identity or gender expression, or disability. In further support of this commitment, ADAA will not tolerate harassment of any conference participant in any form.

ADAA's anti-harassment policy applies to in-person as well as virtual events. During virtual events, behaviors such as spam posts (reposting the same content repeatedly or soliciting business, etc.) which are disruptive to the event will be cause for removal from the event. Negative comments or posts about race/ethnicity, gender and gender identity, sexual orientation, disability, age, religion, physical appearance or other protected categories or sharing inappropriate or explicit material will also be cause for removal from the virtual platform.

All participants are expected to abide by ADAA's anti-harassment policy. Any participant found to be in violation of the policy or otherwise disruptive to the event may be sanctioned or expelled from the current or future events at the discretion of ADAA staff.

If you are being harassed, notice that someone is being harassed, or have other concerns, contact ADAA's Executive Director Susan Gurley (sgurley@adaa.org) immediately. All reports will remain confidential.

THANK YOU TO OUR CONFERENCE SPONSORS

DIAMOND



PLATINUM



GOLD



SILVER



BRONZE



ADAA CONFERENCE CODE OF CONDUCT

ADAA is committed to providing a safe, productive, and welcoming environment for all conference participants and ADAA staff. All participants, including, but not limited to, attendees, speakers, volunteers, exhibitors, sponsors, ADAA staff members, service providers, and all others are expected to abide by this Code of Conduct. This Policy applies to all ADAA meeting-related events and webinars, on public or private platforms, including those sponsored by organizations other than ADAA but held in conjunction with ADAA events.

ADAA has a zero-tolerance policy regarding any form of discrimination or harassment by participants or our staff at our meetings. Zero-tolerance means that the Association will not tolerate any conduct by or towards any meeting participant and ADAA staff during the conference that singles out an individual or group of individuals for different treatment than others based on a legally protected characteristic, that is intended to or has the effect of unreasonably interfering with another's participation in or that creates an intimidating, hostile, or offensive conference.

If you experience harassment or hear of any incidents of unacceptable behavior, ADAA requests that you inform ADAA Executive Director Susan Gurley (sgurley@adaa.org) so appropriate action can be taken.

Unacceptable Behavior is Defined as:

- Harassment, intimidation, or discrimination in any form, including but not limited to sexual harassment.
- Verbal or written abuse of any attendee, speaker, volunteer, exhibitor, sponsor, ADAA staff member, service provider, or other meeting guest.
- Examples of verbal abuse include, but are not limited to, verbal comments related to gender, sexual orientation, disability, physical appearance, body size, race, religion, national origin, inappropriate use of nudity and/or

sexual images in public spaces or in presentations, or threatening or stalking any attendee, speaker, volunteer, exhibitor, sponsor, ADAA staff member, service provider, or other meeting guest.

- Disruption of presentations during sessions, in the exhibit hall, or at other events organized by ADAA throughout the meeting. All participants must comply with the instructions of the moderator and any ADAA event staff.

ADAA reserves the right to take any action deemed necessary and appropriate, including immediate removal from the meeting without warning or refund, in response to any incident of unacceptable behavior, and ADAA reserves the right to prohibit attendance at any future meeting, virtually or in person.

Disclaimer On Recording

By participating in ADAA events, including webinars, the Fall Forum, and the Annual Conference, you acknowledge that these events will be recorded for future use by ADAA. Attendees automatically agree to authorize recording of audio and visual content (including public Q&A chat functions) presented during the event and consent to subsequent use of the recording in the public domain by ADAA unless otherwise stated. While presenter information such as name, credentials, title, and affiliation will be shared, attendee personal information will not be displayed in the recording or available in the public domain after the conclusion of the event. Please direct any concerns to Susan Gurley, Executive Director, at sgurley@adaa.org.

Questions about this Code of Conduct or Recording Disclaimer should be directed to Susan Gurley, Executive Director, at sgurley@adaa.org.



**Anxiety & Depression
Association of America**
Triumphing Through Science, Treatment, and Education

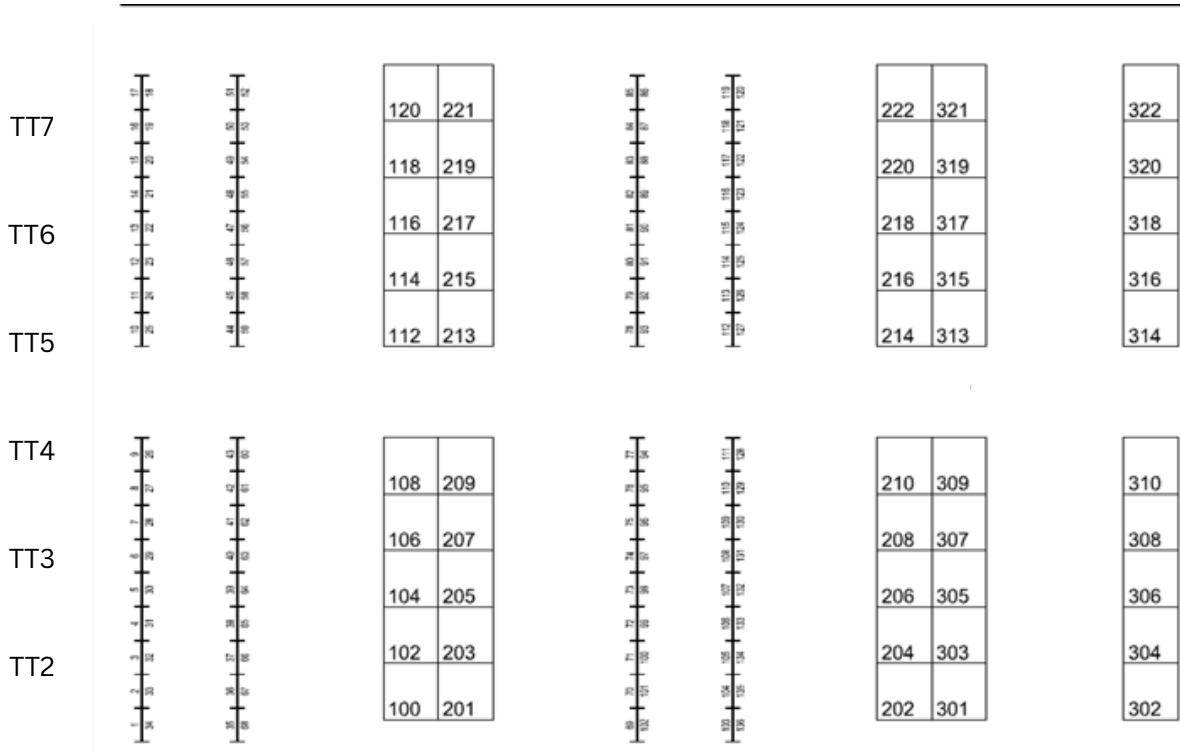
Visit the Exhibits

Ballroom ABC

Thursday, April 3, 4-7 pm

Friday, April 4, 8 am-6 pm

Saturday, April 5, 8 am-6 pm



Company Name

Booth

ABCT	303
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APAF	114
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Ariot Consulting	305
Brain Inflammation Collaborative	203
Cognitive & Behavioral Consultants	205
Ellenhorn	306
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International OCD Foundation	TT3
Johnson & Johnson	313
Lakewood Center	217
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MagVenture, Inc.	308
McLean Hospital	100
MindMed Technologies	210

Company Name

Booth

My Best Practice	207
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NewMind	304
OCD & Anxiety Institute of Southern CA	208
Ohana Center for Child and Adolescent Behavioral Health	TT6
Postpartum Support International	TT5
Project HEAL	TT4
Rae's Accounting, LLC	214
Recovery Movie Meet-Ups	TT7
Rogers Behavioral Health	220
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Congratulations **ADAA AWARDEES**

ALIES MUSKIN CAREER DEVELOPMENT LEADERSHIP PROGRAM (CDLP)

The program is designed to encourage early career clinicians and researchers to engage in creative discourse about anxiety, depression, and co-occurring disorders in a diverse, multidisciplinary community. Participants benefit from episodic mentoring, cross-fertilization of disciplines, networking, and the enhancement of skills to become more professionally competitive.

Research Track

Amy Adams, MPH
Isaac Ahuvia, MA
Emine Ayvaci, MD
Igor D Bandeira, PhD, MD
Christian Bean, PhD
Hannah Becker, MS
Dana Diaz, PhD
Leland Fleming, PhD
John France, BS
Shannon Grogans, MS
Christopher Hunt, PhD
Nayoung Kim, PhD
Elizabeth Kitt, MS
Miranda Koloski, PhD

Research Track

Yoojin Lee, PhD
John Leri, PhD, MS
Rebecca Lipschutz, PhD
Allison Metts, PhD
Caitlyn Mytelka, PhD, LMSW
Nestor Noyola, PhD
Sean O'Sullivan, PhD, MD
Mary Schadeegg, PhD
Norman Spivak, BS
Stephanie Staszko, PhD
Jenna Sung, PhD
Victor Tang, MD, MS
Jordan Thomas, PhD
Emily Wilton, PhD

Clinical Track

Jessica Badawi, PhD, MA
Sarah Sullivan, MS
Joel Dresnick, LICSW
Anna Hunter, MA
Elyse Stewart, PhD
Danielle Ibarra, PsyD
Kathy Shekhtman, PhD

**A Special Thank You to the CDLP Committee and the Program Mentors
for Their Dedication and Collaboration.**

THE DONALD F. KLEIN EARLY CAREER INVESTIGATOR AWARD

ADAA offers an annual award to an early career investigator for the best original research paper on neurobiology, psychopharmacology, psychosocial treatments, or experimental psychopathology of anxiety disorders and depression. This award is named for Donald F. Klein, MD (1928-2019), who revolutionized psychiatric thinking through his discovery in the early 1960s that imipramine, a recently developed psychotropic medication, was effective in blocking panic attacks.

2025 KLEIN AWARDEES

Emily Becker-Haimes, PhD Mohammad Sendi, PhD

MEMBER RECOGNITION AWARDS

The ADAA awards program also recognizes outstanding member participation and commitment to the Association as well as the community through Member Recognition Awards.

MEMBER OF DISTINCTION AWARDEES

Angela Neal-Barnett, PhD
Stephen Strakowski, MD
Reid Wilson, PhD
Sally Winston, PsyD

JERILYN ROSS CLINICIAN ADVOCATE AWARDEES

David Carbonell, PhD
Carl Robbins, LCPC
Martin Seif, PhD

EMERGING LEADER AWARDEES

Liza Hinchey, PhD
Alnardo Martinez, LMHC
Reut Naim, PhD
Lana Ruvolo Grasser, PhD

INSTITUTIONAL MEMBER AWARDEE

InStride Health

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Anxiety and Depression Association of America (ADAA)



@ADAA_Anxiety



anxietyanddepression_adaa

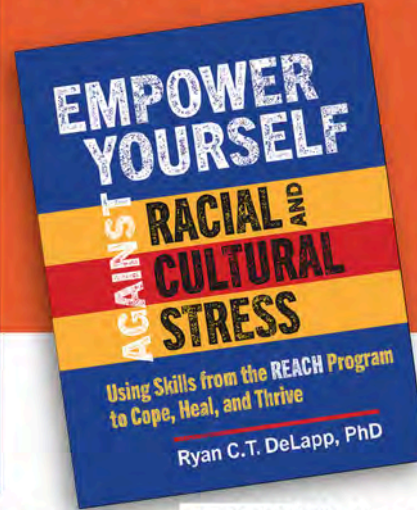


@ADAA_Anxiety

Share your conference experience and engage with fellow attendees using #ADAA2025

JUST RELEASED!

Racial, Ethnic, And Cultural Healing: The REACH Program's Workbook



Promoting Empowered Coping Among BIPOC Youth And Adults

Step-by-step strategies and downloadable worksheets to help teens and young adults of color answer the challenging question: WHO AM I?



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WARRIOR CARE NETWORK GAVE US THE MENTAL HEALTH SUPPORT TO MOVE BEYOND OUR PTSD."

JENNA MALONE, CAREGIVER OF A U.S. NAVY VETERAN



★ WarriorCareNetwork.org

FOR MORE INFORMATION, PLEASE VISIT OUR BOOTH.

WARRIOR CARE NETWORK[®] HAS HELPED COUNTLESS VETERANS AND THEIR FAMILIES TAKE BACK THEIR LIVES.

Wounded Warrior Project[®] is our nation's leading veterans service organization, focused on the total well-being of post-9/11 wounded, ill, or injured veterans. Our programs, advocacy, and awareness efforts help wounded warriors thrive, provide essential lifelines to families and caregivers, and prevent veteran suicides.

Warrior Care Network offers highly effective accelerated brain health programs to veterans and service members who seek healing from the disruptive symptoms of post-traumatic stress disorder and other mental health concerns. Hosted across four leading academic medical centers since 2015, these programs have helped thousands of veterans realize lasting healing faster than conventional approaches.

Empowering warriors with exceptional care.



HEALING THE INVISIBLE WOUNDS OF WAR

THURSDAY, APRIL 3

TIME	LOCATION	TITLE
7:30 am-6:00 pm	Ballroom Foyer	Registration
8:00 am-5:00 pm	Conference Room 1	Speaker Ready Room
8:00 am-8:30 am	Convention Foyer	Networking Coffee Break
8:30 am-10:00 am	Ballroom D	Novel Approaches to Examining Avoidance-Based Decision-Making in Anxiety and Fear-Related Disorders
8:30 am-10:00 am	Ballroom E	Navigating Treacherous Waters in Pediatric OCD: Common Clinical Barriers and Empirically Informed Recommendations
8:30 am-10:00 am	Ballroom F	Let's Talk about Depression: How Can Clinicians Best Motivate and Reduce Stigma for Our Patients?
8:30 am-10:00 am	Ballroom G	+#My Parents are Toxic: Managing Family Alienation and Estrangement in a Culture of Individualism and Self-Affirmation
8:30 am-10:00 am	Pavilion 4	Opportunities to Leverage Sleep and Circadian Medicine in the Treatment of Internalizing Disorders
8:30 am-10:00 am	Pavilion 5	Strategic Treatment of OCD: The Game in 6 Moments
8:30 am-10:00 am	Pavilion 6	Examining the Characteristics of Trauma-Exposed Populations: A Latent Analysis Approach to Understanding Resilience
8:30 am-10:00 am	Pavilion 8	+What Clinicians Need to Know about the State of Psychedelic Research
10:00 am-10:30 am	Convention Foyer	Networking Coffee Break
10:30 am-12:00 pm	Ballroom D	Treatment of Anxiety Disorders During Peri-Adolescence: Insights From the Child Anxiety Treatment Study
10:30 am-12:00 pm	Ballroom E	+Doing Affirmative Cognitive Behavior Therapy with LGBTQ+ Youth and Their Families
10:30 am-12:00 pm	Ballroom F	The Genetics and Neuroscience SIG Presents "Bridging the Gap: From Healthy Brain Imaging to Insights into Disease Mechanisms"
10:30 am-12:00 pm	Ballroom G	Strategic Treatment of OCD: Pattern Disruption
10:30 am-12:00 pm	Pavilion 4	+Risk Factors for Problematic Substance Use Among Diverse Populations With Trauma Exposure or PTSD
10:30 am-12:00 pm	Pavilion 5	^Bridging Gaps in Veteran Suicide Prevention: Innovative Approaches to Delivery, Dissemination, and Adaptation Within and Beyond the Mental Health System
10:30 am-12:00 pm	Pavilion 6	Innovative Experimental Therapeutics in Trauma and Stress-Related Disorders
10:30 am-12:00 pm	Pavilion 8	+Youth Independence as a Transdiagnostic Resiliency Factor Across Community and Clinical Settings
12:00 pm-1:30 pm		Lunch on Your Own
1:15 pm-1:20 pm	Pavilion 5	Chair Yoga Session with Laurie Schlosser

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This session is also eligible for Ethics Credit

+ This session is also eligible for Cross-Cultural Diversity Credit

^ This session is also eligible for Suicide Education Credit

THURSDAY, APRIL 3 (cont.)

TIME	LOCATION	TITLE
1:30 pm-2:30 pm	Ballroom D	+Too Many Cooks? Streamlining Interdisciplinary Efforts in OCD Treatment
1:30 pm-2:30 pm	Ballroom E	Rapid Gains and Long-Lasting Improvement: State of the Science Behind the Bergen 4-Day Treatment
1:30 pm-2:30 pm	Ballroom F	+Parent-Focused Interventions for Children
1:30 pm-2:30 pm	Ballroom G	+#Empowered by Faith: Tools for Culturally Responsive Youth Mental Health Care
1:30 pm-2:30 pm	Pavilion 4	The Child & Adolescent SIG Presents: Planes, Trains and Automobiles: Transportation Fears That Bring Families to a Standstill
1:30 pm-2:30 pm	Pavilion 5	Childhood Internalizing Problems and Brain Response to Errors: Neural Markers of Risk and Treatment Response
1:30 pm-2:30 pm	Pavilion 6	Decoding the Future: What's Next for the DSM?
1:30 pm-2:30 pm	Pavilion 8	+Adaptations for PCIT-SM With Multicultural Families
2:30 pm-3:00 pm	Ballroom Foyer	Networking Coffee Break
3:00 pm-4:00 pm	Ballroom D	AI in Action: Making Treatment More Engaging & Effective for Youth
3:00 pm-4:00 pm	Ballroom E	^Counseling Individuals & Families Bereaved by Suicide: A Practical Interventions in Providing Counseling for Survivors of Suicide Loss including an Introduction to the Development of a Comfort and Safety Plan
3:00 pm-4:00 pm	Ballroom F	When Anxiety Affects Education: Treating School Avoidance in Both Autistic and Neurotypical Youth
3:00 pm-4:00 pm	Ballroom G	Navigating the Intersection: A Clinical Roundtable on Social Media and Youth
3:00 pm-4:00 pm	Pavilion 4	+Brain-Based Interventions: Transcranial Magnetic Stimulation for Youth Depression and OCD
3:00 pm-4:00 pm	Pavilion 5	+How to Make a PB&J Sandwich: Using Cognitive Flexibility as a Treatment Target in Eating Disorders and Related Conditions
3:00 pm-4:00 pm	Pavilion 6	+The ADAA Child and Adolescent SIG Presents: Special Considerations: Treating Youth Suffering With Obsessive Compulsive Disorder (OCD)
3:00 pm-4:00 pm	Pavilion 8	+On Courage, Fear, and Playing-it-Safe Moves: an ACT Process-Based Approach to Anxiety Struggles!
4:00 pm-7:00 pm	Ballroom ABC	Visit with Exhibitors and Sponsors
4:00 pm-4:30 pm	Pavilion 7	Meet ADAA's Special Interest Groups
4:30 pm-5:30 pm	Pavilion 2	Opening Keynote: Social Media and its Benefits/Dangers for Young People with Candice Odgers, PhD
5:30 pm-7:00 pm	Ballroom ABC	Welcome Reception <i>sponsored by Rogers Behavioral Health</i>

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FRIDAY, APRIL 4

TIME	LOCATION	TITLE
7:30 am-8:00 am	Conference Room 7	Yoga Flow Session with Laurie Schlosser
7:45 am-8:45 am	Conference Room 9	ADAA Professional Education Committee Meeting
8:00 am-6:00 pm	Ballroom Foyer	Registration
8:00 am-6:00 pm	Ballroom ABC	Visit with Exhibitors and Sponsors
8:00 am-5:00 pm	Conference Room 1	Speaker Ready Room
8:00 am-9:00 am	Conference Room 2	ADAA Journal of Mood and Anxiety Disorders (JMAD) Editorial Board Meeting (Invitation Only)
8:00 am-9:00 am	Ballroom ABC	Networking Breakfast
8:00 am-9:00 am	Ballroom ABC	First Time Attendees' Networking
9:00 am-11:00 am	Pavilion 2	2025 Scientific Research Symposium: Developmental Mechanisms and Treatments for Anxiety/Depression in Youth (Animal, Basic, and Clinical Talk)
9:00 am-10:30 am	Ballroom D	Task Shifting the Delivery of Youth Anxiety Interventions to Non- Mental Health Specialists: Intervention Development and Preliminary Outcomes
9:00 am-10:30 am	Ballroom E	ICBT 101 for ERP Therapists
9:00 am-10:30 am	Ballroom F	*Synergism of Ketamine With Digital and Psychotherapeutic Interventions for Depression, PTSD and SUDs
9:00 am-10:30 am	Ballroom G	Illustration of Cognitive Behavioral Treatment of Body Dysmorphic Disorder in Adolescents
9:00 am-10:30 am	Pavilion 1	Anxiety and Depression Associations in America: Treating OCD and Anxiety Symptoms in Patients With Mood Disorders
9:00 am-10:30 am	Pavilion 4	+#Bridging the Gap: Expanding Youth Mental Health Care Through Primary Care and Community Access
9:00 am-10:30 am	Pavilion 5	+Healing Across Generations: Race-Related Stress, Trauma, and Health in Black Women During the Perinatal Period - From Biomarkers to Innovative Treatments
9:00 am-10:30 am	Pavilion 6	+^Reaching Youth With Lived Experience With Suicide: Substance Use, SOGI and Bereavement
9:00 am-10:30 am	Pavilion 8	Texas Childhood Trauma Research Network: Design & Emerging Findings
10:00 am-1:00 pm	Ballroom ABC	Headshot Photo Station at Booth 320 <i>sponsored by Vumedi</i>
10:30 am-11:15 am	Ballroom ABC	Networking Break and Morning Refreshments <i>sponsored by Neumora</i>
11:15 am-12:15 pm	Pavilion 2	Health Innovator: Personalizing Psychological Interventions: Necessary But Disruptive with Steven Hayes, PhD
11:15 am-12:15 pm	Ballroom D	+#The Child & Adolescent SIG Presents: Intrusive Thoughts and Family Complexity in Pediatric OCD: Conceptual and Practical Guidance for Managing Challenges in Treatment
11:15 am-12:15 pm	Ballroom E	+From Clinic and Lab to Headline: Why Science Communication Matters, and How to Effectively Engage Media for Maximum Impact
11:15 am-12:15 pm	Ballroom F	Managing Grief and Prolonged Grief Disorder: Intersecting Perspectives of Clinical and Spiritual Care
11:15 am-12:15 pm	Ballroom G	Integrating AI in Mental Health: New Frontiers in Research and Clinical Care

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FRIDAY, APRIL 4 (cont.)

TIME	LOCATION	TITLE
11:15 am-12:15 pm	Pavilion 1	Poster Spotlight #1
11:15 am-12:15 pm	Pavilion 4	+CBT With Pediatric Patients: Infusing the Approach With Play, Metaphors, and Experiential Learning
11:15 am-12:15 pm	Pavilion 5	+From Victim to Victor: Responding to and Preventing Bullying
11:15 am-12:15 pm	Pavilion 6	Addressing Unmet Mental Health Needs Through Teacher Consultation: Increasing Use of Evidence-Based Prevention and Intervention Strategies in the Classroom
11:15 am-12:15 pm	Pavilion 8	#The Will and the Way: Using Data to Promote Evidence-Based Care Across Systems and Populations
12:15 pm-1:30 pm		Lunch on Your Own
12:20 pm-1:20 pm	Conference Room 9	ADAA Scientific Council Meeting
12:20 pm-1:20 pm	Ballroom D	PTSD Special Interest Group Meeting
12:20 pm-1:20 pm	Ballroom E	Women's Mental Health SIG Meeting
12:20 pm-1:20 pm	Ballroom F	Child & Adolescent SIG Meeting
12:20 pm-1:20 pm	Ballroom G	The OCD SIG Meeting
12:20 pm-1:20 pm	Pavilion 8	Multicultural Advances SIG Meeting
1:15 pm-1:20 pm	Pavilion 5	Chair Yoga Session with Laurie Schlosser
1:30 pm-3:30 pm	Pavilion 2	2025 Clinical Practice Symposium: Cultural/Social Factors Influencing Youth Independence and Mental Health and Corresponding Clinical Interventions
1:30 pm-3:00 pm	Ballroom D	Bridging Neuroscience and Novel Transdiagnostic Treatments for Mood, Anxiety, and Traumatic Stress Symptoms
1:30 pm-3:00 pm	Ballroom E	Leveraging Multimethod Assessment Approaches to Advance Understanding and Prediction of Depression
1:30 pm-3:00 pm	Ballroom F	When OCD, Trauma, and Psychosis Converge: Insights Into Treatment for Complex Comorbidity
1:30 pm-3:00 pm	Pavilion 1	Beyond the Evidence Base: Practice Based Research to Guide Exposure Therapy for Anxious Youth Underrepresented in Clinical Trials Research
1:30 pm-3:00 pm	Pavilion 4	Protecting and Promoting Children's Mental Health in the Context of High Conflict Separation/Divorce
1:30 pm-3:00 pm	Pavilion 5	The Women's Mental Health SIG Presents: The Unique Challenges Puberty Presents to the Mental Health of Adolescent Females
1:30 pm-3:00 pm	Pavilion 6	<+The Early Career Professionals and Students SIG Presents: "What's Your Why?" Navigating Mentorship Towards Your Career Goals in Mental Health Research and Treatment
1:30 pm-3:00 pm	Pavilion 8	Adapting Evidence-Based PTSD Treatment for Vulnerable Patient Populations

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FRIDAY, APRIL 4 (cont.)

TIME	LOCATION	TITLE
3:00 pm-4:00 pm	Ballroom ABC	Networking Break and Afternoon Refreshments <i>sponsored by Neumora</i>
3:00 pm-5:00 pm	Ballroom ABC	Headshot Photo Station at Booth 320 <i>sponsored by Vumedi</i>
4:00 pm-5:00 pm	Ballroom D	From Passenger to Driver's Seat: The Importance of Locus of Control in OCD and Anxiety Treatment
4:00 pm-5:00 pm	Ballroom E	+Rethinking the Etiology, Presentation, and Interventions of Selective Mutism in Marginalized Children
4:00 pm-5:00 pm	Ballroom F	+The Kids Are Not Alright: Using Emotion Focused Family Therapy With Youth to Maximize Positive Outcome in Telebehavioral Healthcare
4:00 pm-5:00 pm	Ballroom G	Decoding Risk for Internalizing Psychopathology in Youth: Findings From Big Data
4:00 pm-5:00 pm	Pavilion 1	+A Cognitive-Behavioral Foundational Model for Life Skills Development: Preparing Our Youth to Launch Successfully and Independently Into Adulthood
4:00 pm-5:00 pm	Pavilion 2	Social Media, Adolescent Brain Development, and Youth Mental Health
4:00 pm-5:00 pm	Pavilion 4	Bringing Avoidant Restrictive Food Intake Disorder (ARFID) to the Table: An Anxiety-Focused Approach to Conceptualization and Treatment
4:00 pm-5:00 pm	Pavilion 5	#Treatment Resistant Depression in the Transition From Adolescence to Young Adulthood
4:00 pm-5:00 pm	Pavilion 6	+The PTSD SIG Presents: Being Choosy About Choosing: Using Shared Decision-Making for PTSD Treatment in Clinical Practice (ADAA PTSD SIG)
4:00 pm-5:00 pm	Pavilion 8	+It's Simple But Not Convenient: Integrating Exposure Activities Into Daily Life and Recognizing the Need for High Repeatable Behaviors to Overcome Anxiety and Build Confidence
5:00 pm-6:00 pm	Ballroom ABC	Poster Session 1
6:00 pm-7:00 pm	Pavilion 7	Early Career Professionals and Students Reception <i>sponsored by Evernorth</i>

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SATURDAY, APRIL 5

TIME	LOCATION	TITLE
7:30 am-8:00 am	Conference Room 7	Yoga Flow Session with Laurie Schlosser
8:00 am-6:00 pm	Ballroom Foyer	Registration
8:00 am-6:00 pm	Ballroom ABC	Visit with Exhibitors and Sponsors
8:00 am-4:00 pm	Conference Room 1	Speaker Ready Room
8:00 am-9:00 am	Ballroom ABC	Networking Breakfast
9:00 am-10:00 am	Pavilion 2	President's Keynote: Bringing Research to Practice: Transforming Outcomes for Individuals With OCD
10:00 am-10:15 am	Ballroom ABC	Networking Break
10:00 am-1:00 pm	Ballroom ABC	Headshot Photo Station at Booth 320 <i>sponsored by Vumedi</i>
10:15 am-11:45 am	Ballroom D	+At the Interface of Research and the Real World: Pragmatic Precision From the VA National Transcranial Magnetic Stimulation Program
10:15 am-11:45 am	Ballroom E	+^Unreal Becoming Real: Artificial Intelligence, Virtual Humans, and Augmented Reality for Treatment of PTSD, Suicide Prevention, and Social Dysfunction
10:15 am-11:45 am	Ballroom F	App-Based Mindfulness Trials for the Treatment or Prevention of Depression and Anxiety in Youth
10:15 am-11:45 am	Ballroom G	^Identifying and Evaluating Suicide Risk in Youth With Neurodevelopmental Disorders (NDD)
10:15 am-11:45 am	Pavilion 1	Consulting With Families of Treatment Refusers: How to Help the Neglected Victims of Untreated Anxiety and Depression
10:15 am-11:45 am	Pavilion 4	<Leveraging Opportunities in the Research to Practice Pipeline to Build Your Career
10:15 am-11:45 am	Pavilion 5	Supportive Parenting for Anxious Childhood – New Implications
10:15 am-11:45 am	Pavilion 6	Tailoring Exposure and Response Prevention in Adults With OCD
10:15 am-11:45 am	Pavilion 8	^Utilizing Intensive Longitudinal Designs to Identify Periods of Elevated Suicide Risk in Youth
11:45 am-1:00 pm		Lunch on Your Own
11:50 am-12:50 pm	Conference Room 2	ADAA Public Education Committee Meeting
11:50 am-12:50 pm	Ballroom D	LGBTQ+ Special Interest Group Meeting
12:45 pm-12:50pm	Pavilion 5	Chair Yoga Session with Laurie Schlosser
1:00 pm-2:00 pm	Pavilion 2	2025 Jerilyn Ross Lecture: Single-Session Interventions as a Youth Mental Health Moonshot with Jessica Schleider, PhD
2:00 pm-2:15 pm	Ballroom ABC	Networking Break
2:15 pm-3:45 pm	Ballroom D	Neural Markers and Treatment Targets for Affective Symptoms Associated With Minority Stress in Sexual and Gender Minority Adolescents and Adults
2:15 pm-3:45 pm	Ballroom E	Brief, Empirically-Supported Treatments for Post-Traumatic Stress Disorder (PTSD)

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All Times Listed are United States Pacific Daylight Time. Schedule is subject to change.

SATURDAY, APRIL 5 (cont.)

TIME	LOCATION	TITLE
2:15 pm-3:45 pm	Ballroom F	+Societal-, Institutional-, and Individual-Level Exposures to Racial Oppression and Youth Mental Health: A Multi-Level Perspective to Inform Treatment
2:15 pm-3:45 pm	Ballroom G	^Unpacking Psychiatric and Physical Risks Among Youth With Mood Disorders: Focus on Sex Differences
2:15 pm-3:45 pm	Pavilion 1	The Child & Adolescent SIG Presents "Parenting Practices in the Context of Childhood Anxiety and Internalizing Disorders: Research Findings and Clinical Applications"
2:15 pm-3:45 pm	Pavilion 4	Identifying Transdiagnostic Treatment Targets That can be Adapted to Optimize Early Evidence-Based Interventions for Anxiety and Stress
2:15 pm-3:45 pm	Pavilion 6	Re-Imagining the Asylum: The Next Generation of Inpatient Psychiatry
2:15 pm-3:45 pm	Pavilion 8	Sleep Mechanisms Across the Trauma Response and Recovery Trajectory: From the Laboratory to the Clinic
3:00 pm-5:00 pm	Ballroom ABC	Headshot Photo Station at Booth 320 <i>sponsored by Vumedi</i>
4:00 pm-5:00 pm	Ballroom D	Poster Spotlight #2
4:00 pm-5:00 pm	Ballroom E	Elevating Access to Care: School-Based Models for Prevention and Intervention Mental Health Care
4:00 pm-5:00 pm	Ballroom F	School Refusal and OCD: Neurodiversity-Conscious Solutions and Perspectives
4:00 pm-5:00 pm	Ballroom G	Rest Assured: Latest Insights for Addressing Sleep in Anxiety and Depression
4:00 pm-5:00 pm	Pavilion 1	The Unified Protocols for Transdiagnostic Treatment of Emotional Disorders in Children and Adolescents: Using One Protocol to Deliver Evidence-Based Practices for Anxiety, Depression, and Related Emotional Concerns With Flexibility and Fidelity
4:00 pm-5:00 pm	Pavilion 4	The Child & Adolescent SIG presents: Intrusive Thoughts in Young Children and Teens: Focus on Scrupulosity and Preschool Children
4:00 pm-5:00 pm	Pavilion 5	It Doesn't Just Go Away - Treating Older Children and Teens With Selective Mutism
4:00 pm-5:00 pm	Pavilion 6	#The Evolution of Clinical Application of Evidence-Informed Treatments
4:00 pm-5:00 pm	Pavilion 8	New Ways to Think About, Talk About, and Do Exposure Therapy: Emerging Paths for Healing
5:00 pm-6:00 pm	Ballroom ABC	Poster Session 2
7:00 pm-9:00 pm	Pavilion 2	2025 Awards Celebration and Closing Reception <i>sponsored by Vistagen</i>

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CONTINUING EDUCATION

Overview

The annual conference of the Anxiety and Depression Association of America (ADAA) is designed to meet the educational needs of member and nonmember clinicians and researchers by providing training, dissemination of evidence-based treatments, and translation of the latest research. The ADAA Annual Conference is innovative and serves to advance knowledge in unique ways: 1) fostering dissemination and collaboration among basic and behavioral researchers; 2) encouraging researchers and clinicians to discuss practical applications in real-life settings; 3) accelerating translation of research to practice with hands-on training of empirically tested treatments; and 4) involving early career investigators, students, and trainees in research and learnings. The conference engages all of these audiences, building bridges and supporting these networks throughout the year.

Statement of Need

Anxiety disorders and depression are common and disabling. Anxiety disorders comprise a diagnostic category that includes generalized anxiety disorder, panic disorder, obsessive-compulsive disorder (OCD), posttraumatic stress disorder (PTSD), social anxiety disorder, and phobias. Lifetime prevalence estimates for all anxiety disorders and major depression are 28.8 percent and 16.6 percent, respectively. Mental illnesses account for more than half as many disability days as all physical illnesses, with anxiety and depressive disorders being the major causes of disability. More than 40 million adults have one or more anxiety disorder, and 19 million adults have depression; anxiety disorders are the most common mental illnesses in children.

Research has long documented the high comorbidity between anxiety disorders and depression; the latest data continues to highlight the importance of understanding the overlap between these disorders, not only with respect to their etiology, but also in terms of treatment course. In 50 percent of diagnoses, individuals have comorbid anxiety and depression. Additionally, anxiety and depression are the primary illnesses associated with suicide.

To continue leading the field, ADAA has broadened its mission and vision to encompass anxiety and depressive disorders.

The desired results for the conference are that attendees are aware of the latest developments in preclinical and clinical research, are able to translate this knowledge to clinical practice, apply evidence-based research to practice, discuss real-world clinical experiences to influence research, and develop new skills and techniques to improve diagnosis, prevention, and treatment of anxiety and depressive disorders. It is also expected that researchers and clinicians will discuss how specific diagnoses manifest in the clinic and the reality of implementation of evidence-based and novel treatments in real world settings. Additionally, participants will evaluate and discuss how to use new technologies and social media in research and clinical practice, thus advancing the dissemination and implementation of empirically based and novel treatments.

Conference Theme and Education Objectives

Youth Mental Health: Treatments that Work and Opportunities for Prevention

After participating in the Anxiety and Depression Association of America Conference, participants should be able to:

- Identify and discuss the genetic, epigenetic, neurobiological, developmental, and psychosocial underpinnings of anxiety and depressive disorders, OCD, PTSD, and co-occurring disorders;
- Evaluate and discuss the latest developments in preclinical and clinical research and discuss applications to clinical practice; and
- Evaluate, analyze, and discuss how new technologies, research, and social media can be incorporated into research and clinical practice.

**Anxiety and Depression Association of America
2025 ADAA Anxiety & Depression Conference
April 3 - 5, 2025
Las Vegas, NV**

Acknowledgement of Financial Commercial Support

No financial commercial support was received for this educational activity.

Acknowledgement of In-Kind Commercial Support

No in-kind commercial support was received for this educational activity.

Satisfactory Completion

Learners must complete an evaluation form to receive a certificate of completion. Your chosen sessions must be attended in their entirety. Partial credit of individual sessions is not available. If you are seeking continuing education credit for a specialty not listed below, it is your responsibility to contact your licensing/certification board to determine course eligibility for your licensing/certification requirement.

Joint Accreditation Statement



In support of improving patient care, this activity has been planned and implemented by Amedco LLC and Anxiety and Depression Association of America (ADAA). Amedco LLC is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

Amedco Joint Accreditation #4008163

Professions in scope for this activity are listed below.

Physicians

Amedco LLC designates this live activity for a maximum of 17.50 *AMA PRA Category 1 Credits*[™]. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Psychologists



This course is co-sponsored by Amedco and Anxiety and Depression Association of America. Amedco is approved by the American Psychological Association to sponsor continuing education for psychologists. Amedco maintains responsibility for this program and content. 17.50 hours.

The following state boards accept courses from APA providers for Psychologists/Counselors: AK, AR, AZ, CA, CO, CT, DC, DE, FL, GA, HI, IA, ID, IL, IN, KS, KY, MA (LEP ONLY), MD, ME, MN, MO, NC, ND, NH, NE, NJ, NM, NV, OK*, OR, PA, RI, SC, SD, TN, TX, UT, VA, WI, WY

MI: Accepts courses from APA for Psychologists. No general CE requirement for Counselors.

OK: Accepts APA credit for live, in-person activities but not for ethics and/or online courses.

The following state boards accept courses from APA providers for MFTs: AK, AR, AZ, CA, CO, CT, DE, FL, GA, IA, ID, IN, KS, MD, ME, MO, NE, NC, NH, NJ, NM, NV, OK*, OR, PA, RI, SC, SD, TN, TX, UT, VA, WA, WDC, WI, WY

AL MFTs: Credits authorized by NBCC or any other state licensing agency will be accepted.

MA MFTs: Participants can self-submit courses not approved by the MAMFT board for review.

MI MFTs: There are no CE requirements for MFTs in MI.

The following state boards accept courses from APA providers for Addictions Professionals: AK, AR, CO, CT, DC, DE, GA, IA, IN, KS, LA, MD, MO, MT, NC, ND, NE, NJ, NM, NY (held outside NY ONLY), OK*, OR, SC, UT, WA, WI, WY

The following state boards accept courses from APA providers for Social Workers: AK, AR, AZ, CA, CO, DE, FL, GA, ID, IN, KY, ME, MN, MO, NE, NH, NM, OR, PA, VT, WI, WY

Social Workers



As a jointly Accredited Organization, Amedco is approved to offer social work continuing education by the Association of Social Work Boards (ASWB) Approved Continuing Education (ACE) program. Organizations, not individual courses, are approved under this program. State and provincial regulatory boards have the final authority to determine whether an individual course

may be accepted for continuing education credit. Amedco maintains responsibility for this course.

ASWB Content Level: **Beginner, Intermediate, & Advanced**. Social Workers completing this course receive up to 17.50 continuing education credits.

The following state boards accept courses offering ASWB ACE credit for Social Workers: AK, AL, AR, AZ, CA, CO, CT, DC, DE, FL, GA, HI, ID, IL, IN, IA, KS, KY, LA, ME, MD, MA, MI, MN, MS, MO, MT, NC, ND, NE, NH, NM, NV, OH, OK*, OR, PA, RI, SC, SD, TN, TX, UT, VT, VA, WA, WI, WV*, WY

OK: Accepts ASWB ACE for live, in-person activities but not for ethics and/or online courses.

WV: Accepts ASWB ACE unless activity is held live in West Virginia.

The following state boards accept courses offering ASWB ACE credit for Counselors: AK, AR, AZ, CA, CO, CT, DC, FL, GA, IA, ID, IL, IN, KS, MA, MD, ME, MO, ND, NE, NM, NH, NV, OK*, OR, PA, TN, TX, UT, VA, WI, WY

MI: No CE requirement for licensed counselors.

The following state boards accept courses offering ASWB ACE credit for MFTs: AK, AR, AZ, CA, CO, FL, IA, ID, IN, KS, MD, ME, MO, NC, NE, NH, NM, NV, OK*, OR, PA, RI, TN, TX, UT, VA, WI, WY

AL MFTs: Credits authorized by NBCC or any other state licensing agency will be accepted.

MA MFTs: Participants can self-submit courses not approved by the MAMFT board for review.

MI: No CE for requirement for licensed MFTs.

The following state boards accept ASWB ACE credit for Addictions Professionals: AK, CA, CO, CT, GA, IA, IN, KS, LA, MO, MT, ND, NM, NV, OK, OR, SC, WA, WI, WV, WY

New York Board for Social Workers (NY SW)

(NY Amedco SW CPE is recognized by the New York State Education Department's State Board for Social Work as an approved provider of continuing education for licensed social workers #0115. 17.50 credit hours.

New York Board for Psychology (NY PSY)

Amedco is recognized by the New York State Education Department's State Board for Psychology as an approved provider of continuing education for licensed psychologists #PSY-0031. 17.50 hours.

National Board for Certified Counselors (NBCC)

The Anxiety and Depression Association of America (ADAA) has been approved by NBCC as an Approved Continuing Education Provider, ACEP No. 6872. Programs that do not qualify for NBCC credit are clearly identified. ADAA is solely responsible for all aspects of the programs.



Massachusetts Board of Registration in Nursing

Refresher programs and educational programs that offer CME, AMA, or other professional recognized credit may satisfy the Board CE requirement. In general, programs approved by a professional review process or by other jurisdictions' boards of nursing will satisfy the Massachusetts CE requirements. However, it is your responsibility to determine whether or not the program contains all the Board's requirements. <https://www.mass.gov/info-details/mandatory-continuing-education-for-nurses>

Ethics, Cultural Diversity, Suicide Education

This course has been designated by Amedco LLC for credits of education in medical ethics. Cultural Diversity, and Suicide Education. and/or professional responsibility.

- Ethics – Up to 7.50 CE
- Cultural Diversity – Up to 14.00 CE
- Suicide Education – Up to 7.00 CE

[Please click here for a complete list.](#)

Objectives - After Attending This Program You Should Be Able To

1. Identify and discuss the genetic, epigenetic, neurobiological, developmental, and psychosocial underpinnings of anxiety and depressive disorders, OCD, PTSD, and co-occurring disorders.
2. Evaluate and discuss the latest developments in preclinical and clinical research, and discuss applications to clinical practice.
3. Evaluate, analyze, and discuss how new technologies, research, and social media can be incorporated into research and clinical practice.

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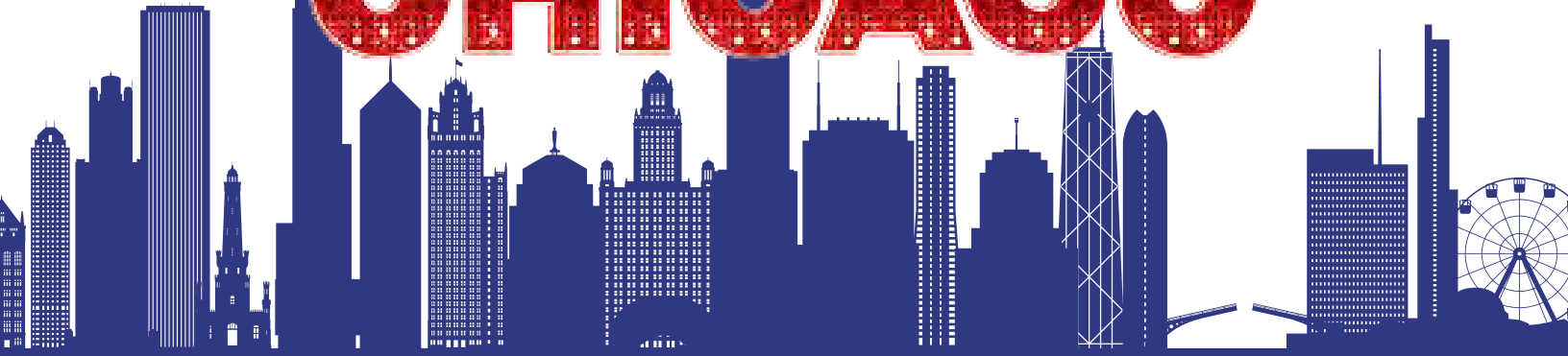
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