

# 48TH ANNUAL RSA SCIENTIFIC MEETING & ISBRA CONGRESS

*New Orleans*



## Expand Your Expertise with RSA's 2025 CEU/CME Workshops



### CEU/CME WORKSHOPS



#### **Mindfulness Based Relapse Prevention for the Treatment of Alcohol Use Disorders**

**Speaker:** Katie Witkiewitz, University of New Mexico **Hours:** 8 **Cost:** \$140

**Co-leader:** Ikela Moniz-Lewis

*Tuesday, June 24, 9am - 5pm, Strand 11 @ The Hyatt Regency*

This CE Workshop will provide an introduction to mindfulness-based relapse prevention for addictive behaviors, an 8-week group-based treatment program originally designed as an aftercare intervention following substance use disorder treatment. The workshop will use an experiential approach, providing a "self as laboratory" opportunity to learn about the intentions, principles, and challenges of delivering mindfulness-based interventions.

#### **Alcohol Use Disorder and Associated Liver Disease**

**Speaker:** Ashwani Singal, University of Louisville **Hours:** 4 **Cost:** \$100

**Co-leader:** Brian Lee, University of Southern California

*Sunday, June 22, 9:15am - 1:15pm, Strand 11 @ The Hyatt Regency*



This continuing medical education and workshop will explore cutting-edge strategies for managing alcohol-associated liver disease (ALD) and treating alcohol use disorder (AUD) in the context of liver disease. Participants will gain insights into the latest advancements in diagnosing and managing ALD, behavioral and pharmacological treatments for AUD, and strategies to integrate multidisciplinary care.



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